

Landover Stars Will Shine, 2018

By Peter Taylor, Meet Announcer

40-44

Antwon Dussett: Peoria, Illinois, age 42. The “king of the long sprints,” Dussett holds the American indoor 200M record for men 35-39 at an unthinkable 21.67 seconds; he also has the 40-44 indoor 400M mark for men 40-44 at just 49.32 seconds. In Landover, Antwon will compete in his two signature events, the 200 and 400.

50-54

Derek Pye: Lakewood, California, age 50. Derek is the current world indoor record holder in the 60 hurdles for men 45-49 at a stunning 8.15 seconds; he also has the M40 American indoor mark for that event at 8.09. Outdoors he has the M45 mark for the 110 hurdles at 14.46.

Antonio Palacios: Bloomington, Indiana, age 51. The world indoor record holder for the long jump in the M45 (45-49) group at 6.98 meters (22-10 $\frac{3}{4}$), Palacios has few peers in the horizontal jumps. He has the M50 indoor mark in the long jump as well (6.50 meters/21-4), and he has the outdoor standard for the M50 long jump at 6.48 meters (21- 3 $\frac{1}{4}$).

In Landover, Palacios will compete in his two best events, the long jump and triple jump.

55-59

Paul Babits: Fort Wayne, Indiana, age 57. A two-time qualifier for the US Olympic Trials, Paul owns, by himself, 25% of the masters world indoor records in the pole vault: an amazing 5.14 meters (16-10 $\frac{1}{4}$)

for M45, 4.75 (15-7 for M50, 4.52 (14-10) for M55. Paul will be just one of several outstanding men in the pole vault.

Other outstanding male vaulters: Among other notables scheduled to compete in Landover are **Gary Hunter**, 62, also of Fort Wayne, a member of the USATF Masters Hall of Fame; ***John Altendorf**, of Corvallis, Oregon, 72; and ***Don Isett**, 78, of Anna, Texas. Outdoors, Hunter has the American and world mark for M50 at 4.75 meters (15-7) and the American marks for M55 (4.36, 14- 3 ½) and M60 (4.11, 13-5¾). Indoors, he has the M60 American record at 4.06 meters (13-3¾).

Altendorf has the world and American outdoor marks for M65 (3.89 meters (12-9), and the American outdoor mark for M70 at 3.49 (11-5¼), a mark that is superior to the world record but has not been accepted. Indoors for M65, John has the world mark at 3.86 meters (12-8), albeit that was recently exceeded by Germany's Wolfgang Ritte at 3.95 meters. **Don Isett's** M75 outdoor mark of 3.20 (10-6) is the world and American standard, and Don has the American indoor mark for M75 at 2.91 (9-6 ½).

Another male vaulter to mention is Masters Hall of Famer ***Jerry Donley** (88), of Colorado Springs, Colorado.

60—64 Masters Hall of Fame High Jumper **Bruce McBarnette** of Sterling, VA enters this new age group. He has won twelve World Masters championships and 35 USA Track & Field Masters national championships. He is a Hollywood television and movie actor and real estate investor.

65-69

Oscar Peyton: Accokeek, Maryland, age 65. Oscar is the world indoor record holder in the 60 dash for the M60 division at 7.52 seconds, and he has the American outdoor 200 mark in the same age division at 24.14 seconds.

In Landover, the 6'-4" Peyton will compete in the 60M and 200M races and a new event for him, the high jump. With Oscar's height and explosiveness, it would not be surprising to see him medal.

Thaddeus Wilson: Oxnard, California, age 67. The versatile Wilson will compete in the 60 dash, 60 hurdles, long jump, and, for good measure, the five events of the pentathlon. Exceptionally quick over the barriers, Thad ran the 100-meter hurdles outdoors in 2011 in just 14.37 seconds, a mark so brilliant that almost 7 years later it still stands as the world record for men 60-64. Mr. Wilson is a member of the USATF Masters Hall of Fame.

70-74

Ty Brown: Washington, DC, age 73. Currently, Brown is the only man in the universe to hold two world indoor marks in the 60 hurdles, a torrid 9.17 seconds for the M65 group and a brilliant 9.44 for M70. Outdoors, Mr. Brown has the world mark in the 100 hurdles for M65 at 15.20 seconds.

In Landover, Ty will add the pentathlon, long jump, and shot put to his two specialties, the 60 dash and 60 hurdles.

Gary Patton. Rock Rapids, Iowa. Age 72. In December, this Hall of Famer became the first 70+ man worldwide to break 5:30 in the indoor mile, rocketing 5:29.81 in New York City. Also indoors, Gary has the American M70 record for 1500 meters with a wonderful 5:07.11.

Outdoors he is the only American man to hold the national 1500 record in two different age groups: a sparkling 4:46.05 for M65 and a sweet 5:04.87 for M70.

In Landover, Gary will try for a trifecta: the 800, 1500, and 3000.

George Mathews: Edmonds, Washington, age 74. George has entered the weight throw and superweight throw in Landover, and he should do very well. After all, indoors he has the M65 American mark for the weight throw (20 lbs) at 19.33 meters (63-5) and the superweight (44 pounds) at 10.51 meters (34-5), and outdoors he has the American mark for the superweight at 10.60 meters (34-9).

Mathews will be pushed to the limit, however, by Ken Moss, of Leesburg, Virginia.

80-84

***Bob Lida:** Wichita, Kansas, age 81. Bob looks young, and he runs even younger. Fortunately, he has the documents to prove his age, and yes, he can fly.

Mr. Lida has the world indoor marks for the 75-79 group in both the 60 dash (a stunning 8.44 seconds) and the 200 (a preternaturally fast 27.64). In his current M80 group he has the world indoor mark in the 200 at an amazing 29.15 seconds. One must also mention his time of 13.49 for the outdoor 100-meter dash at age 75, which remains the world outdoor record for the 75-79 group.

Bob will compete in the 60, 200, and 400 in Landover.

David Swarts: Jackson, Michigan, age 52. David did not start competitive racewalking until he was in his 40s, but he has certainly

made up for his late start. In fact, he competed in the US Olympic Trials in 2016.

Swarts has blazing speed, as shown by his American indoor marks for 1 mile in the M45 (6:52.41) and M50 (6:53.16) groups, but he can go long as well.

Dave Talcott: Owego, NY, age 58. Dave competed in the 2012 and 2016 US Olympic Trials, and he certainly qualifies as an expert in the technically difficult sport of racewalking. Any distance from 1 mile to 100 miles is fine with Talcott. In the M55 group he has the indoor record for 5000 at 25:05.19 and the outdoor record for 10,000 at an even more impressive 49:20.3 (7:56.4 per mile).

WOMEN

45-49

Sonja Friend-Uhl: Boca Raton, Florida, age 46. Sonja, who competed in the 2000 US Olympic Trials, is in fine form as she approaches Landover nationals. On January 28, in Boston, she broke the American indoor mile record for the W45 group with a 4:59.99 (yet to be ratified), becoming USATF Athlete of the Week in the process.

Friend-Uhl, the current world indoor record holder in the mile for women aged 40-44 at a spectacular 4:44.81, holds several other masters records. In 2017, she crushed the American indoor W45 record for the 3000 by sizzling to a 9:53.04. The previous record holder (at 10:02.55) was none other than 1984 Olympic marathon gold medalist Joan Benoit Samuelson. In Landover, Sonja will try to pull off a very difficult triple, the 400, 800, and 1500.

50-54

Alisa Harvey. Manassas, Virginia, Age 52. A fantastic middle distance runner whose career was in full swing at the 1991 Pan-Am Games in Havana, where she won gold in the 1500 and silver in the 800. She is also the winner of the 1992 and 1995 5th Avenue Mile. At Landover she will compete in the 400M and 800M races

Renee Shepherd. Merchantville, NJ, age 53. This Hall of Famer and American Record holder in the 60M at 8.03 has delighted sprint fans over the years with her dynamic style, and she should do very well in Landover, where she will compete in the 60 and 200 dashes.

55-59

Oneithea “Neni” Lewis. Queens, NY, age 57. Neni has been a tour de force in masters throwing for quite a few years. A member of the USATF Masters Hall of Fame, Neni will be competing in the shot put, weight throw, and superweight in Landover.

Amazingly, Neni holds, by herself, 31% of the American indoor masters marks for women in the weight throw. She has the record for W40 (20 pounds, 17.12 meters [56-2]), W45 (20 pounds, 16.28 meters [53-5]), W50 (16 pounds, 16.68 meters [54-8]), and W55 (16 pounds, 15.22 meters [49-11]). The W40 and W45 records are both world marks.

Joy Upshaw. Lafayette, California, age 57. The daughter of Monte Upshaw, who in 1954 broke the long-standing high school long jump record of Jesse Owens by leaping an astounding 25', 4 ½", and the older

sister of Olympian Grace Upshaw. In 2017, Joy set the W55 American Record in the 100M in 13.22 seconds!

In Landover, Joy will compete in the 60 and 200 dashes, the 60 hurdles, and the long and triple jumps.

60-64

Carol Finsrud: Lockhart, Texas, age 61. An Olympic Trialist as recently as 2000 and a member of the USATF Masters Hall of Fame, Carol should do very well in Landover, where she is entered in the shot put, weight throw, and superweight. Best known as a discus thrower, her performances in that event have been remarkable, to say the least. In fact, she holds the American masters records in six consecutive age groups, all the way through W60, her mark in W35 has been surpassed (but not ratified).

65-69

Kathy Martin: Northport, Long Island, New York, age 66. Kathy is without question the greatest female middle-distance runner in the history of the US masters program.

Indoors, Martin has the world standard for the mile in three consecutive age groups: W55 (5:19.87), W60 (5:47.25), and W65 (5:51.74). She also has the world records indoors for W65 in the 800 (2:44.35), the 1500 (5:25.29), and the 3000 (11:35.98). Not surprisingly, she was the first 60+ woman worldwide to break 6 minutes indoors in the mile.

A member of the USATF Masters Hall of Fame, Martin will compete in the 800, mile, and 3000 in Landover.

75-79

Kathy Bergen: La Canada, California, age 77. In Landover, Kathy will compete in the 60 and 200 dashes as well as the high jump. As someone with no high school or college experience her track biography makes for inspirational reading.

Indoors, Kathy's official world marks in the 60M for both W70 (9.21) and W75 (9.49), albeit the latter time was recently bettered by a Canadian sprinter. In the 200 she has the world indoor standards at 31.86 seconds for W70 and 33.06 for W75. In the high jump, Kathy is the world record holder in W75 at 1.25 meters (4 – 1 ¼), in W70 she has the American mark at 1.29 (4-2 ¾).

How good is Kathy's mark of 9.21 seconds in the 60 dash at age 70? The answer is that the W50 American record of 8.03 seconds is just 1.18 seconds slower but is so good that it has held up since 2015.

85-89

Gloria Krug: New Oxford, Pennsylvania, age 86. Gloria owns five American records indoors, one each in the long jump, triple jump, shot put, weight throw (W85: 12 pounds, 8.10 meters [26-7]), and superweight. Outdoors she has a plethora of marks and yes, she is in the USATF Masters Hall of Fame.

In Landover, Gloria will compete in the long jump and triple jump as well as the shot put, weight throw, and superweight.

Racewalkers at the Championships

Over the years, numerous US masters racewalkers have shown their ability to achieve exceptionally fast times, and the meet in Landover will not be an exception. The three athletes below will all compete in the 1500 racewalk on opening day (March 16) and the 3000 event on the following day.

Maryanne Daniel: Clinton, Connecticut, age 59. Formerly known as Maryanne Torrellas, Maryann was the best open walker in the US for quite a few years, and in the 1980s and 1990s she frequently represented her country in the 10,000 racewalk. Among her many distinctions indoors, she owns the W55 mark in the 3000 at 16:14.01 while still holding the W50 record for walking 1 mile at 7:52.06.

Olympians Among US

Jim Barrineau: Burke, Virginia, age 62. Jim competed for the U.S. in the 1976 Olympic Games in Montreal, and he was a U.S. Olympic Trialist in 1980 and 1984.

Barrineau is listed as the American indoor record holder for M35 at a huge 2.14 meters (7 feet, ¼ inch) way back in 1993, and his outdoor mark for M40 of 2.11 meters (6-11) dates to 1995. Jim, a standout at the University of Georgia and now retired after a career as an officer in the U.S. army, will restrict himself to the high jump in Landover.

Chris Faulknor: Los Angeles, California, age 55. Chris, who competed for Jamaica in the 4 x 100 at the 1988 Olympics, will compete in the 60 and 200 dashes and is expected to do extremely well.

Karl Smith: Alexandria, Virginia, age 58. In the 1984 Olympics, Karl competed for Jamaica in both the 400 intermediate hurdles and the 4 x 400 relay. At Landover he will do the 60 hurdles and 200 dash. The former world record holder for the M40 group in the 110 hurdles, Karl ran 14.61 seconds in that event at age 48. A decade later he remains an extremely formidable hurdler.

Steve Spence – Shippenburg, Pa, age 55. Steve's career and accomplishments in distance running including 43 consecutive years running a sub 5 minute mile! An amazing streak going since 1976! He won bronze in the marathon at the 1991 World Championships and the US National Title in 1992. He is scheduled to run the 1500 and 3000M.

Dedeh Erawati: Jakarta, Indonesia, age 38. Dedeh competed in 100 hurdles in the 2008 Olympics in Beijing, but she did not make the finals. In 2017 at the World Indoor Masters in Daegu, South Korea, Dedeh won the 60 dash in brilliant fashion (7.81 seconds) and also took the 60 hurdles.

In Landover, after resting from her extraordinarily long trip, Erawati will compete in her signature events, the 60 dash and 60 hurdles.

Howard Lindsay: New York, NY, age 54. Howard is a three-time Olympian for Antigua and Barbuda, competing in 1984 (Los Angeles), 1988 (Seoul), and 1996 (Atlanta). In Landover he will compete in the 60 hurdles and long jump.

A Star in the Entertainment World

Damien Leake, Van Nuys, California, age 65, has been a TV and movie actor for many years, having appeared in *Serpico*, *Apocalypse Now*, and other works. His results in the 60 dash at indoor nationals beginning in 2014 speak for themselves: 7.60 (first), 7.71 (first), 7.88 (first), and 7.73 (second to Oscar Peyton by 4/1000 of a second).

In Landover, Mr. Leake will compete in the 60 dash and the long jump.

OLDEST COMPETITORS: Experience Is the Best Teacher

The Landover championships will feature several performers who were born in the 1920s, or even earlier.

Julia Hawkins. Age 102. Baton Rouge, Louisiana. Born in February 1916 (during Pres. Woodrow Wilson's first term), Julia is both a cyclist and a sprinter, having taken up sprinting after her 100th birthday. In Landover, Julia will compete in the 60 dash. She will be the oldest competitor in history at a USA Track & Field national championship.

Last year, Julia knocked out a 39.62 in the 100 in the US Senior Games and followed that with a 40.12 for the 100 at USATF Masters Nationals. The 39.62 remains the world and American record for the W100 group.

There is no world indoor mark yet—Julia's finish will set one -- in the 60 for the W100 (100-104) group.

Dixon Hemphill. Age 93. Fairfax Station, Virginia. A graduate of Middlebury College in Vermont, Dixon has been a member of multiple

world record relay teams during his masters career. At Landover he will get a thorough workout, as he will compete in the 60, 200, 400, 800, 1500, and 3000.

Orville Rogers. Dallas, Texas. Age 100. Anxious to improve his overall fitness, Mr. Rogers will compete in the 60, 200, 400, 800, 1500, and 3000 races in Landover. It seems likely that he will walk away from the arena on Sunday with several world indoor marks. After all, there are no world indoor records for his age group in the 400, 800, 1500, or 3000.

Mr. Rogers is the current M95 world indoor record holder for the 400, 800, 1500, and 3000, with his time for the 400 a remarkable 2:24.51.

Note: Add the many other oldsters.

LOCAL Favorites

Don McGee: Clinton, Maryland, age 57. In Perth, Australia, at the 2016 WMA championships, Don won both the 100 (11.82 seconds, wind of + 2.3 meters per second [mps] and 200 (24.44, +1.4). In Landover, Don will compete in the 60 and 200 dashes.

Lonnie Hooker: Upper Marlboro, Maryland, age 55. A many-time winner at the Penn Relays, Hooker has entered the 60 and 200 in Landover.

Ty Brown: Washington, DC. See entry under 70-74 (above).

Oscar Peyton: Accokeek, Maryland. See entry under 65-69 (above).

Bruce McBarnette: Sterling, VA. See entry under 60-64.

