

From



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## USATF INDOOR MASTERS TRACK & FIELD CHAMPIONSHIPS

IN CHICAGO, ILL. THURSDAY-SUNDAY, MARCH 21-24, 2024

Featuring 12 reigning world outdoor champions in 2023 (Toruń, Poland) and 23 reigning world indoor champions in 2022 (Tampere, Finland)

World champions gold medal winners EITHER indoor (2023) OR outdoor (2022): 30

14 WORLD MASTERS RECORD HOLDERS,

57 AMERICAN MASTERS RECORD HOLDERS INCLUDING 2 FROM ILLINOIS, AND 3 OLYMPIANS

Louisville 2023 indoor returning champions: 144

Greensboro 2023 outdoor returning champions: 95

New York 2022 indoor returning champions: 95

1174 athletes 25-97 years old, including 125 Illinois entries (including 50 from Chicagoland)

70 international athletes from 22 countries + USA

(Chicago, Ill.) –The 2024 USATF Masters Indoor Track & Field Championships will be held Thursday through Sunday, March 21-24, at Dr. Conrad Worrill Track & Field Center, with 1174 entrants 25-100 years old, including 14 World Masters Record Holders, 57 American Record Holders including 2 from Illinois, 3 Olympians, and 125 entries from Illinois, 50 from Chicagoland.

The facility at 10201 S Cottage Grove Avenue, Chicago, IL 60628 is recognized as one of the fastest and most competitive indoor tracks in the world.

Events begin at 8:00 am each day and run through 6:30 pm on Thursday and Friday, 7:30 pm on Saturday, and 4:30 pm on Sunday. Media is welcome. There is no admission charge for spectators in the 3500-seat arena.

The meet website includes a detailed schedule and list of entrants:

<https://www.usatf.org/events/2024/2024-usatf-masters-indoor-championships/schedule>

3 Olympians will compete:

\* Michelle Rohl, 58, of Mansfield PA, a three-time Olympic race walker (1992, 1996, 2000 - Race Walk) turned runner who now tears up the track setting multiple age group records in 2022 in the 800m, 1500m, and 3000m runs in the W55-59 age group. At this meet, she competes at 800m, 1 mile, 3000m Race Walk.

\* Michelle Rohl (born November 12, 1965, in Madison, Wisconsin) is a female track and field athlete from the United States who competed in race walking. She represented her native country at three consecutive Summer Olympics, starting in 1992. A five-time USA Indoor Champion ('95, '96, '98, '00, and '01) and a four-time U.S. outdoor 20 km champion ('99-'01, and '03), she won a silver and a bronze medal at the Pan American Games (1995 and 1999). Turning to shorter distances, she now holds 8 American track & field records.

\* Toyin Augustus, 44, an Olympic athlete from Nigeria (2008 - 100-meter hurdles) now living in the USA. At this meet, she competes at 60m hurdles

\* Olutoyin "Toyin" Augustus (born 24 December 1979) is a former Nigerian hurdler who competed in the 100 meters hurdles. She began her career with a win at the African Championships in Athletics in 2006, easily beating the opposition to the 100 m hurdles title. She went on to represent Africa at the 2006 IAAF World Cup, where she finished in eighth place. In 2007, she added the All-Africa Games title to her continental one, holding off a challenge from compatriot Jessica Ohanaja. She began competing at the global level, making appearances at the 2007 World Championships, 2008 IAAF World Indoor Championships and the 2008 Beijing Olympic Games, but she did not get past the heats stage at any of the events. She faced strong competition at continental level also, as Fatmata Fofanah took the 100 m hurdles title at the 2008 African Championships, leaving Augustus to settle for the silver medal.

\* Garth Robinson, 53, (1996 - 4x100m relay) from Jamaica, now living in the USA. At this meet, he competes for USA at 60m, 200m

\* Garth Robinson won a bronze medal at the 1996 Summer Olympics in Atlanta in the 4x400m relay. He celebrated the New Year early by running a pending WORLD RECORD in the M50 indoor 200m with a

blazing time of 22.93 along with breaking a pending American record in the 60m (7:09) on December 16th at the IU Early Bird meet. The following week, Garth ran even faster in the 60m, breaking his own pending AMERICAN RECORD with a time of 7.07.

\* Garth added an autobiography:

#### Introduction

I currently work as a teacher in St. Louis MO. Im an Olympic bronze medalist in the 4x400m relay in 1996.

1997 World indoor silver medalist 4x400m.

NCAA division 1 All American, both in the 200 meters, 94 outdoors, and 95 indoor.

1998 Commonwealth games gold in the 4x400m, and Silver in 1994.

Pan American games bronze medalist in the sprint relay 1998.

World University games silver medalist, 4x400m in 1997.

1994 200m Jamaican national champion, and double sprint champion in 100m and 200m in 1998.

#### Recent Achievements

4-time USATF masters national champion

Ran 10:88 and 22:59 at the 2023 masters outdoors Nationals Championship which were the fastest times in the world. Won both the 60 and 200 indoor masters nationals in 2023, 7:16, and 23:34 respectively.

Recently broke the Indoor 200m World record for my age group with a time of 22.93. Also broke the indoor American 60m record 4 times this season for my age group 50-54 with a time of 7.07 , a time I've ran twice this season.

#### Personal outdoor records

100 meters 10:19

200 meters 20:30

300 meters 32:41

400 meters 45:73

#### Personal Indoor records

55 meters 6:13

60 meters 6:67

400 meters 47:60

#### Interesting facts

I ran on a 4x200m relay team with Usain Bolt at the Penn Relays in 2003.

2024 data as of March 21, 2024 at 7:38:09 PM

A total of 1174 athletes in a total of 3610 events

Athletes from 21 countries + USA

Athletes from other countries: 64

Won gold outdoors at Tampere FINLAND 2022: 23

Won gold indoors at Toruń POLAND 2023: 12

World champions gold medal winners EITHER indoor (2023) OR outdoor (2022): 30

World champions BOTH indoor (2023) AND outdoor (2022): 16

Women 60 & over from Chicagoland: 5

Women 80 & over in the meet: 13

Men 70 & over from Chicagoland: 2

Teams: 184

8 athletes are 90+ years old:

Richard Soller, 97, North Bend OH, in the 60m, 200m, Long Jump

Roy Sutton, 93, Ashland OR, in the 60m

Alfred Dubois, 92, Waukesha WI, in the 1 Mile Race Walk

Ronald Gray, 91, Reno NV, in the 60m

Robert Arledge, 90, Lebanon OH, in the Pole Vault

Inocencio Cantu, 90, San Marcos TX, in the 800m, 1 mile

Colben Sime, 90, Redmond OR, in the 60m, 200m, 400m, 800m, 1 mile, 3000m

Robert Walde Sr., 90, Washington DC, in the 60m, 200m, 400m, Shot Put

Women 60 & over from Chicagoland: 5

Ruth Welding, 68, Elk Grove Village IL, in the Shot Put, Weight Throw, Superweight Throw

Mary Gucinski, 67, Naperville IL, in the Relay Only

Susan Hallen, 67, Elk Grove Village IL, in the Shot Put, Weight Throw, Superweight Throw

Jamie Freveletti, 64, Chicago IL, in the 1 mile, 3000m

Sharon Sears, 60, Chicago IL, in the Shot Put, Weight Throw, Superweight Throw

Women 80 & over in the meet: 13

Christel Donley, 89, Colorado Springs CO, in the 60m, High Jump, Long Jump, Triple Jump, Shot Put

Florence Meiler, 89, Shelburne VT, in the 60m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Weight Throw, Pentathlon

Tami Graf, 87, Lusby MD, in the 800m, 1 mile, 3000m, 60m hurdles, Weight Throw, Superweight Throw

Rose Green, 85, Upper Marlboro MD, in the 60m, 200m, 400m, Shot Put

Kathy Bergen, 84, La Canada CA, in the 60m, 200m, High Jump

Louise Guardino, 83, Cary NC, in the 60m, 200m, Shot Put, Weight Throw, Superweight Throw

Georgia Kightlinger, 83, Cincinnati OH, in the 60m, 200m, 400m, 800m

Mary Smith, 83, Colorado Springs CO, in the 200m, 400m

Karen Huff-Pawlik, 81, Jackson MS, in the Shot Put

Mary Robinson, 81, Gahanna OH, in the 60m, 200m, 400m, Shot Put, Weight Throw, Superweight Throw

Angela Staab, 81, Reidsville NC, in the 200m, 400m, 800m, 1 mile, 3000m, Shot Put, Weight Throw, Superweight Throw

Cora Hill, 80, Southfield MI, in the 200m, 400m, 800m

Catherine Radle, 80, Atlanta GA, in the Pole Vault, Shot Put, Weight Throw

Men 70 & over from Chicagoland: 2

Bill Angel, 82, Schaumburg IL, in the Pole Vault

Steve Hackel, 75, Midlothian IL, in the High Jump

One of the most exciting races is the M70 60m, where actor Damien Leake, 71 of Van Nuys CA, SC Striders Track Club (in Apocalypse Now and some 70 other movies and now appearing in Tyler Perry's Assisted Living on TV), the American masters record-holder in the M65-69 100m in 10.31 whose best mark at 60m is 7.89, faces two other M70 sprinters under 8.5 seconds: Hubert Evans, 70, of Elk Grove CA, So Cal Track Club, whose best mark at 60m is 8.15, and Ron Stevens, 70, of Camarillo CA, SC Striders Track Club with a best mark of 8.31.

183 USATF registered clubs are represented by 681 athletes, which foretells a hard-fought battle for the top three team trophies, for men's, women's, and the overall win based on team scoring. The largest teams are

Potomac Valley Track Club with 48

Greater Philadelphia TC with 48

So Cal Track Club with 43

Atlanta Track Club with 33

Athletes from Chicagoland: 50

Marco Acevedo, M 54, of Chicago IL USA competing in 60m

Bill Angel, M 82, of Schaumburg IL USA competing in Pole Vault

Eugene Anton, M 66, of Naperville IL USA, So Cal Track Club competing in 60m hurdles, High Jump, Shot Put, Pentathlon

David Ashford, M 61, of Gurnee IL USA \*\*\* WR M40 Outdoor 110MHurdles in 13.73 \*\*\* AR M40 Outdoor Sprint Hurdles in 13.73 competing in 60m hurdles

Julie Bruns, W 54, of Elmhurst IL USA, DWRrunning competing in 1 mile, 3000m

Timothy Conheady, M 67, of Elmhurst IL USA, Greater Philadelphia TC \*\*\* Returning 2023 USA outdoor champion M65 1500 meter finals in 5:14.87 competing in 800m, 1 mile, 3000m, Shot Put

Shondra Cooper, W 43, of Chicago IL USA competing in Shot Put

Janeen Corbin, W 37, of Aurora IL USA competing in 60m, 200m, High Jump, Long Jump

Matt Croll, M 53, of Naperville IL USA competing in 60m, Long Jump

Diana Crumrine, W 42, of Bolingbrook IL USA competing in Shot Put

Christopher Cummings, M 27, of Evanston IL USA competing in 1 mile

Christopher Daniels, M 30, of Chicago IL USA competing in 200m, Pentathlon

Mervin Dino, M 29, of Chicago IL USA competing in 60m, 200m, Long Jump, Triple Jump

Andrew Don, M 48, of Chicago IL USA competing in 60m

Paul Doss, M 63, of Chicago IL USA competing in 800m, 1 mile

Lynn Farley, W 36, of Chicago IL USA, Nubian Striders competing in 60m, 200m

Jason Ferguson, M 58, of Chicago IL USA, U.S. Marine Corps competing in 60m, 200m, 60m hurdles, High Jump, Long Jump, Triple Jump

Jamie Freveletti, W 64, of Chicago IL USA competing in 1 mile, 3000m

Mary Gucinski, W 67, of Naperville IL USA, Potomac Valley Track Club competing in Relay Only

Steve Hackel, M 75, of Midlothian IL USA competing in High Jump

Susan Hallen, W 67, of Elk Grove Village IL USA, Chicagoland Masters Athletics Club \*\*\* USATF MTF Throwing Events Subcommittee Chair competing in Shot Put, Weight Throw, Superweight Throw

Randy Harris, M 68, of Schaumburg IL USA competing in High Jump

Kristopher Hartner, M 57, of Naperville IL USA competing in 1 mile

Lamar Hasbrouck, M 58, of Naperville IL USA, Chicagoland Masters Athletics Club competing in 60m, 60m hurdles

Justin Higginbotham, M 32, of Chicago IL USA, atk competing in Triple Jump

Willie Johnson III, M 64, of Chicago IL USA competing in 200m, 400m

Nicholas Karavolos, M 37, of Chicago IL USA, Elmhurst Track and Field Club competing in 60m, Long Jump, Pentathlon

Matthew Kelley, M 50, of Elmhurst IL USA, Washburn University of Topeka competing in 800m

Bryan Kelly, M 46, of Wheaton IL USA competing in 800m

Charles Kern, M 54, of Elmhurst IL USA competing in 1 mile

Mary Mays, W 36, of Grayslake IL USA competing in 60m, 200m

Reynae McFarlane, W 28, of Chicago IL USA, Jamaica competing in 60m, 200m, Long Jump

Vic Mead I, M 69, of Aurora IL USA competing in Pole Vault

Steve Minsky, M 53, of Grayslake IL USA competing in 60m, 200m, 400m

Necole Muhammad, W 50, of Chicago IL USA competing in 1 Mile Race Walk

Kim Perales, W 49, of Orland Park IL USA competing in 60m, 200m, High Jump, Triple Jump, Shot Put

Roger Pinon, M 35, of Chicago IL USA, Pinon Track Club Elite competing in 1 mile, 3000m

Bradley Pruitt, M 37, of Chicago IL USA competing in 60m, 200m, 400m

Jeff Rastatter, M 48, of Chicago IL USA, Pinon Track Club Elite competing in 1 mile

Kelley Reinfelds, W 46, of Libertyville IL USA competing in 400m, Pentathlon

Sharon Sears, W 60, of Chicago IL USA competing in Shot Put, Weight Throw, Superweight Throw

Jacob Solus, M 35, of Chicago IL USA competing in Triple Jump

Marcus Thomas, M 35, of Chicago IL USA competing in 3000m

Emma Toliver, W 26, of Bolingbrook IL USA competing in High Jump, Triple Jump

Talise Wadley, W 50, of Chicago IL USA, Zephyrs Track Club competing in Weight Throw

William Walton, M 51, of Chicago IL USA, Pinon Track Club Elite competing in 1 mile

Ruth Welding, W 68, of Elk Grove Village IL USA, Chicagoland Masters Athletics Club \*\*\* inducted into Hall of Fame in 2018 competing in Shot Put, Weight Throw, Superweight Throw

Christopher Wolf, M 50, of Chicago IL USA, South Chicago Track Club competing in 1 mile

Shaun Wollenweber, M 27, of Chicago IL USA, atk \*\*\* Returning 2023 USA indoor champion Triple Jump in 14.05m competing in Triple Jump

Pawel Wydra, M 50, of Schaumburg IL USA and POL, Chicagoland Masters Athletics Club competing in High Jump, Shot Put, Weight Throw, Superweight Throw

#### World Masters Record Holders Attending:

#### World indoor record holders: 14

Paul Babits, 63, Fort Wayne IN, WR M45 Indoor Pole Vault in 5.14, M50 Indoor Pole Vault in 4.75, M55 Indoor Pole Vault in 4.52, competing in Pole Vault

Kathy Bergen, 84, La Canada CA, WR W70 Indoor 60m in 9.21, W75 Indoor High Jump in 1.25, W80 Indoor High Jump in 1.2, competing in 60m, 200m, High Jump

Inocencio Cantu, 90, San Marcos TX, WR M80 Indoor 1 mile in 06:42.1, M85 Indoor 1 mile in 07:46.9, competing in 800m, 1 mile

Christel Donley, 89, Colorado Springs CO, WR W85 Indoor High Jump in 0.92, competing in 60m, High Jump, Long Jump, Triple Jump, Shot Put



Kay Glynn, 71, Walker MO, WR W70 Indoor Pole Vault in 2.9, W70 Indoor Long Jump in 4.18, W70 Indoor Triple Jump in 8.35, competing in 60m, 200m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Pentathlon

Neringa Jakstiene, 60, Memphis TN, WR W55 Indoor 60m Hurdles in 9.48, W55 Indoor Triple Jump in 11.09, W55 Indoor Pentathlon in 4532, W60 Indoor Pentathlon in 4523, competing in 60m hurdles, High Jump, Long Jump, Triple Jump, Pentathlon

Damien Leake, 71, Van Nuys CA, WR M70 Indoor 60m in 7.89, competing in 60m, Long Jump

Oneithea Lewis, 63, Oakland Gardens NY, WR W40 Indoor Weight Throw in 17.12, W45 Indoor Weight Throw in 16.28, W60 Indoor Weight Throw in 16.9, competing in Shot Put, Weight Throw, Superweight Throw

Sue McDonald, 60, Santa Barbara CA, WR W60 Indoor 400m in 1:02.94, W60 Indoor 800m in 02:25.7, competing in 400m, 800m, 1 mile

Florence Meiler, 89, Shelburne VT, WR W85 Indoor 60m Hurdles in 18.73, W85 Indoor High Jump in 0.92, W75 Indoor Pole Vault in 1.95, W80 Indoor Pole Vault in 1.76, W85 Indoor Pole Vault in 1.65, W85 Indoor Pentathlon in 2388, competing in 60m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Weight Throw, Pentathlon

Myrle Mensey, 75, Saint Louis MO, WR W65 Indoor Weight Throw in 16.91, W70 Indoor Weight Throw in 15.47, competing in Shot Put, Weight Throw, Superweight Throw

Antonio Palacios, 57, Bloomington IN, WR M45 Indoor Long Jump in 6.98, competing in Long Jump, Triple Jump

Derek Pye, 56, Carson CA, WR M55 Indoor 60m Hurdles in 8.41, competing in 60m, 60m hurdles

Alison Wood, 50, Aumsville OR, WR W45 Indoor High Jump in 1.67, competing in High Jump

World outdoor record holders: 14

David Ashford, 61, Gurnee IL, WR M40 Outdoor 110m Hurdles in 13.73, competing in 60m hurdles

Kathy Bergen, 84, La Canada CA, WR W80 Outdoor High Jump in 1.15, competing in 60m, 200m, High Jump

Kenton Brown, 79, Austin TX, WR M75 Outdoor in 13.25, competing in 60m, 200m

Elizabeth Deak, 66, Cocoa Beach FL, WR W65 Outdoor 400m in 01:07.2, competing in 200m, 400m, High Jump

Carol Finsrud, 67, Lockhart TX, WR W60 Outdoor Throws Pentathlon in 4167, competing in Shot Put, Weight Throw, Superweight Throw

Tami Graf, 87, Lusby MD, WR W85 Outdoor 200M Hurdles in 01:42.0, competing in 800m, 1 mile, 3000m, 60m hurdles, Weight Throw, Superweight Throw

Gary Hunter, 68, Fort Wayne IN, WR M50 Outdoor Pole Vault in 4.75, competing in Pole Vault

Neringa Jakstiene, 60, Memphis TN, WR W55 Outdoor Pentathlon in 4414, competing in 60m hurdles, High Jump, Long Jump, Triple Jump, Pentathlon

Damien Leake, 71, Van Nuys CA, WR M65 Outdoor in 12.31, competing in 60m, Long Jump

Oneithea Lewis, 63, Oakland Gardens NY, WR W50 Outdoor Throws Pentathlon in 4074, competing in Shot Put, Weight Throw, Superweight Throw

Sue McDonald, 60, Santa Barbara CA, WR W60 Outdoor Heptathlon in 6269, competing in 400m, 800m, 1 mile

Florence Meiler, 89, Shelburne VT, WR W85 Outdoor Pentathlon in 2202, competing in 60m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Weight Throw, Pentathlon

Myrle Mensey, 75, Saint Louis MO, WR W70 Outdoor Throws Pentathlon in 4163, competing in Shot Put, Weight Throw, Superweight Throw

Sherwood Sagedahl, 85, Fairmont MN, WR M80 Outdoor Pentathlon in 3180, competing in 60m, 200m, 400m, 800m, 1 mile, 3000m

American Masters Record Holders Attending:

American indoor / outdoor record holders: 57

David Ashford, 61, Gurnee IL, AR M40 Outdoor Sprint Hurdles in 13.73, competing in 60m hurdles

Paul Babits, 63, Fort Wayne IN, AR M45 Indoor Pole Vault in 5.14, M50 Indoor Pole Vault in 4.75, M55 Indoor Pole Vault in 4.52, competing in Pole Vault

Kathy Bergen, 84, La Canada CA, AR W70 Indoor 60 Meter in 9.21, W75 Indoor 60 Meter in 9.49, W80 Indoor 60 Meter in 10.02, W70 Indoor 200 Meter in 31.86, W75 Indoor 200 Meter in 33.06, W80 Indoor 200 Meter in 35.66, W65 Indoor High Jump in 1.31, W70 Indoor High Jump in 1.29, W75 Indoor High Jump in 1.25, W80 Indoor High Jump in 1.2, W70 Outdoor 100 Meter in 14.76, W75 Outdoor 100 Meter in 15.31, W80 Outdoor 100 Meter in 16.23, W70 Outdoor 200 Meter in 31.39, W75 Outdoor 200 Meter in 33.79, W80 Outdoor 200 Meter in 35.34, W65 Outdoor High Jump in 1.33, W75 Outdoor High Jump in 1.22, W80 Outdoor High Jump in 1.15, , competing in 60m, 200m, High Jump

India Bridgette, 62, Manvel TX, AR W60 Outdoor 100 Meter in 13.64, W60 Outdoor 200 Meter in 28.35, competing in 60m, 200m

Kenton Brown, 79, Austin TX, AR M75 Outdoor 100 Meter in 13.25, competing in 60m, 200m

Inocencio Cantu, 90, San Marcos TX, AR M80 Indoor 800 Meter in 3:06.18, M85 Indoor 800 Meter in 3:36.42, M80 Indoor One Mile in 6:42.10, M85 Indoor One Mile in 7:46.94, M85 Outdoor 1500 Meter in 7:19.51, competing in 800m, 1 mile

Eric Cole, 53, Decatur TX, AR M45 Indoor Super Weight in 11.38, M45 Outdoor Throws Pentathlon in 4148, M50 Outdoor Throws Pentathlon in 4214, M45 Outdoor Ultra Weight Pentathlon in 5086, M50 Outdoor Ultra Weight Pentathlon in 5252, competing in Shot Put, Weight Throw, Superweight Throw

Andrea Collier, 57, Orlando FL, AR W55 Outdoor 100 Meter in 13.12, competing in 60m, 200m, 60m hurdles, Pentathlon

Elizabeth Deak, 66, Cocoa Beach FL, AR W65 Outdoor 400 Meter in 1:07.23, competing in 200m, 400m, High Jump

Christel Donley, 89, Colorado Springs CO, AR W85 Indoor High Jump in 0.92, W80 Indoor Triple Jump in 5.77, W85 Indoor Triple Jump in 5.15, W70 Indoor Pentathlon in 3093, W70 Indoor Heptathlon in 3613, W75 Indoor Heptathlon in 3350, W80 Indoor Heptathlon in 3626, W85 Outdoor High Jump in 0.93, W75 Outdoor Heptathlon in 4068, competing in 60m, High Jump, Long Jump, Triple Jump, Shot Put

Antwon Dussett, 48, Peoria IL, AR M35 Indoor 200 Meter in 21.67, M40 Indoor 400 Meter in 49.32, competing in 200m, 400m

Antoine Echols, 41, Huntsville AL, AR M40 Indoor 200 Meter in 21.97, M40 Indoor 200 Meter in 21.9, competing in 60m, 200m, 400m

Scott Eriksson, 62, Plano TX, AR M55 Outdoor Discus in 55.61, competing in 60m, Shot Put, Weight Throw, Superweight Throw

Carol Finsrud, 67, Lockhart TX, AR W65 Indoor Shot Put in 9.45, W45 Outdoor Discus in 50.85, W50 Outdoor Discus in 45.67, W55 Outdoor Discus in 40.39, W60 Outdoor Discus in 40.76, W65 Outdoor Discus in 35.15, W65 Outdoor Hammer in 40.97, W60 Outdoor Throws Pentathlon in 4167, W65 Outdoor Throws Pentathlon in 4538, competing in Shot Put, Weight Throw, Superweight Throw

Sonja Friend-Uhl, 52, Boca Raton FL, AR W45 Indoor 1500 Meter in 4:44.00, W40 Indoor One Mile in 4:44.81, W45 Indoor 3000 Meter in 9:53.04, W50 Outdoor 800 Meter in 2:19.02, W45 Outdoor 1500 Meter in 4:29.61, W50 Outdoor 1500 Meter in 4:41.21, W40 Outdoor One Mile in 4:45.68, competing in 400m, 800m, 1 mile

Carol Frost, 79, Ashland NE, AR W70 Outdoor Shot Put in 10.27, W70 Outdoor Discus in 29.07, W75 Outdoor Discus in 25.02, competing in Shot Put, Weight Throw

LaTanya Glass, 77, Seal Beach CA, AR W75 Outdoor Shot Put in 9.26, competing in 60m, High Jump, Shot Put, Weight Throw, Pentathlon

Kay Glynn, 71, Walker MO, AR W70 Indoor 60M Hurdles in 11.88, W55 Indoor Pole Vault in 2.98, W70 Indoor Pole Vault in 2.9, W70 Indoor Long Jump in 4.18, W70 Indoor Triple Jump in 8.35, W70 Indoor Pentathlon in 3632, W70 Outdoor Sprint Hurdles in 16.33, W70 Outdoor Long Hurdles in 37.61, W55 Outdoor Pole Vault in 3.08, W70 Outdoor Long Jump in 4.04, W70 Outdoor Triple Jump in 8.35, W70

Outdoor Decathlon in 7190, W70 Outdoor Pentathlon in 3665, competing in 60m, 200m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Pentathlon

John Goldhammer, 70, Claremont CA, AR M65 Outdoor Hammer in 56.42, M60 Outdoor Super Weight in 11.3, M65 Outdoor Super Weight in 10.67, M55 Outdoor Throws Pentathlon in 4411, M60 Outdoor Throws Pentathlon in 4534, M60 Outdoor Ultra Weight Pentathlon in 4753, M65 Outdoor Ultra Weight Pentathlon in 5140, M70 Outdoor Ultra Weight Pentathlon in 4685, competing in Weight Throw, Superweight Throw

Tami Graf, 87, Lusby MD, AR W85 Indoor One Mile in 14:18.28, W85 Indoor 3000 Meter in 26:41.90, W85 Outdoor 3000 Meter in 25:32.77, W85 Outdoor 5000 Meter in 46:00.64, W85 Outdoor 10000 Meter in 1:36:39.48, W85 Outdoor Long Hurdles in 1:42.04, W80 Outdoor Steeplechase in 15:40.78, competing in 800m, 1 mile, 3000m, 60m hurdles, Weight Throw, Superweight Throw

Easter Grant, 40, Toney AL, AR W40 Indoor 200 Meter in 24.6, W40 Outdoor 100 Meter in 12.02, competing in 60m, 200m

Rose Green, 85, Upper Marlboro MD, AR W85 Outdoor 100 Meter in 21.61, competing in 60m, 200m, 400m, Shot Put

Rachel Guest, 48, Surprise AZ, AR W35 Indoor Pentathlon in 3346, W40 Indoor Pentathlon in 3602, W45 Indoor Pentathlon in 3904, W45 Outdoor Sprint Hurdles in 12.02, W40 Outdoor Heptathlon in 5336, competing in 60m hurdles, Pentathlon

Amy Haddad, 57, Bradenton FL, AR W55 Outdoor High Jump in 1.49, competing in 60m, 60m hurdles, High Jump, Long Jump, Shot Put

Brian Hankerson, 64, Coral Springs FL, AR M55 Indoor Long Jump in 6.12, M60 Outdoor High Jump in 1.74, M55 Outdoor Long Jump in 6.14, competing in 60m, 200m, High Jump, Long Jump, Triple Jump

Lesley Hinz, 66, Atlanta GA, AR W60 Indoor One Mile in 5:43.75, competing in 200m, 400m, 800m, 1 mile

Gary Hunter, 68, Fort Wayne IN, AR M60 Indoor Pole Vault in 4.06, M50 Outdoor Pole Vault in 4.75, M55 Outdoor Pole Vault in 4.36, M60 Outdoor Pole Vault in 4.11, competing in Pole Vault

Russell Jacquet-Acea, 71, Seattle WA, AR M70 Outdoor Long Hurdles in 49.86, competing in 200m, 60m hurdles, High Jump, Pole Vault, Long Jump, Pentathlon

Neringa Jakstiene, 60, Memphis TN, AR W55 Indoor 60M Hurdles in 9.48, W55 Indoor High Jump in 1.48, W55 Indoor Long Jump in 5.22, W55 Indoor Triple Jump in 11.09, W55 Indoor Pentathlon in 4532, W55 Outdoor Sprint Hurdles in 12.54, W55 Outdoor Long Jump in 5.06, W55 Outdoor Triple Jump in 10.49, W55 Outdoor Pentathlon in 4414, W55 Outdoor Heptathlon in 5806, competing in 60m hurdles, High Jump, Long Jump, Triple Jump, Pentathlon

Damien Leake, 71, Van Nuys CA, AR M70 Indoor 60 Meter in 7.89, M65 Outdoor 100 Meter in 12.31, M70 Outdoor 100 Meter in 12.59, competing in 60m, Long Jump

April Lund, 41, Bismarck ND, AR W40 Indoor 3000 Meter in 9:47.05, competing in 800m, 1 mile, 3000m

Pamela McCartney, 53, Morrison CO, AR W50 Indoor High Jump in 1.56, W50 Outdoor High Jump in 1.62, competing in Pentathlon

Emmanuelle McGowan, 55, Sugar Hill GA, AR W45 Indoor 400 Meter in 59.3, W50 Indoor 400 Meter in 1:00.83, W55 Outdoor 200 Meter in 26.64, W55 Outdoor 400 Meter in 1:02.40, competing in 60m, 200m, 400m

Florence Meiler, 89, Shelburne VT, AR W85 Indoor 800 Meter in 6:14.93, W75 Indoor 60M Hurdles in 13.41, W85 Indoor 60M Hurdles in 18.73, W85 Indoor 60M Hurdles in 18.73, W85 Indoor High Jump in 0.92, W75 Indoor Pole Vault in 1.95, W80 Indoor Pole Vault in 1.76, W85 Indoor Pole Vault in 1.65, W80 Indoor Long Jump in 2.81, W85 Indoor Long Jump in 2.22, W80 Indoor Weight in 9.7, W75 Indoor Pentathlon in 2877, W85 Indoor Pentathlon in 2388, W75 Outdoor Sprint Hurdles in 18.63, W85 Outdoor Sprint Hurdles in 26.69, W85 Outdoor Steeplechase in 18:55.84, W85 Outdoor High Jump in 0.93, W80 Outdoor Pole Vault in 1.83, W85 Outdoor Pole Vault in 1.55, W80 Outdoor Triple Jump in 5.91, W85 Outdoor Triple Jump in 5.2, W85 Outdoor Discus in 16.82, W85 Outdoor Decathlon in 3202, W75 Outdoor Pentathlon in 2945, W80 Outdoor Pentathlon in 2862, W85 Outdoor Pentathlon in 2202, competing in 60m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Weight Throw, Pentathlon

Myrle Mensey, 75, Saint Louis MO, AR W70 Indoor Shot Put in 8.83, W65 Indoor Weight in 16.91, W70 Indoor Weight in 15.47, W65 Indoor Super Weight in 11.36, W70 Indoor Super Weight in 10.95, W70 Outdoor Hammer in 38.63, W65 Outdoor Weight in 17.2, W70 Outdoor Weight in 15.09, W65 Outdoor Super Weight in 11.95, W70 Outdoor Super Weight in 9.84, W70 Outdoor Throws Pentathlon in 4163, competing in Shot Put, Weight Throw, Superweight Throw

Ken Moss, 76, Leesburg VA, AR M75 Indoor Weight in 19.57, M75 Indoor Super Weight in 10.64, M75 Outdoor Weight in 19.86, M75 Outdoor Super Weight in 10.97, competing in Weight Throw, Superweight Throw

John Nespoli, 69, Rossville TN, AR M50 Outdoor Shot Put in 17.08, competing in Shot Put

Stacey Nieder, 54, Anchorage AK, AR W40 Indoor High Jump in 1.68, competing in High Jump

Charles Novak, 56, Cuyahoga Falls OH, AR M55 Indoor 800 Meter in 2:06.37, competing in 800m, 1 mile

Antonio Palacios, 57, Bloomington IN, AR M45 Indoor Long Jump in 6.98, M50 Outdoor Long Jump in 6.49, competing in Long Jump, Triple Jump

James Patterson, 60, Hood River OR, AR M55 Outdoor Shot Put in 16.54, competing in Shot Put

Emil Pawlik, 85, Jackson MS, AR M60 Indoor Pentathlon in 3808, M70 Indoor Pentathlon in 3762, M70 Indoor Heptathlon in 5132, competing in 60m, 60m hurdles, High Jump, Long Jump

Paul Perry, 79, Cedarburg WI, AR M70 Indoor 800 Meter in 2:32.37, competing in 1 mile

Derek Pye, 56, Carson CA, AR M40 Indoor 60M Hurdles in 8.09, M45 Indoor 60M Hurdles in 8.15, M50 Indoor 60M Hurdles in 8.24, M55 Indoor 60M Hurdles in 8.41, M45 Outdoor Sprint Hurdles in 14.46, competing in 60m, 60m hurdles

Robert Qualls, 71, Reno NV, AR M70 Indoor 3000 Meter in 11:04.37, competing in 800m, 1 mile, 3000m

Michelle Rohl, 58, Mansfield PA, AR W55 Indoor 800 Meter in 2:24.47, W55 Indoor 1500 Meter in 4:53.07, W55 Indoor 3000 Meter in 10:22.74, W55 Outdoor 800 Meter in 2:22.01, W55 Outdoor 1500 Meter in 4:47.62, W55 Outdoor 3000 Meter in 10:36.79, W55 Outdoor 5000 Meter in 17:44.11, W55 Outdoor 10000 Meter in 37:40.99, competing in 800m, 1 mile, 3000m Race Walk

Sherwood Sagedahl, 85, Fairmont MN, AR M80 Outdoor One Mile in 6:49.30, M80 Outdoor 3000 Meter in 13:40.42, M70 Outdoor Pentathlon in 3485, M75 Outdoor Pentathlon in 3620, M80 Outdoor Pentathlon in 3180, competing in 60m, 200m, 400m, 800m, 1 mile, 3000m

James Sauers, 75, Dacula GA, AR M70 Outdoor High Jump in 1.58, competing in High Jump

Sascha Scott, 48, Syracuse NY, AR W45 Indoor One Mile in 4:59.19, W45 Outdoor One Mile in 4:53.32, competing in 400m, 800m, 1 mile

Sara Shisslak, 39, Tempe AZ, AR W35 Outdoor Throws Pentathlon in 3067, competing in Shot Put, Weight Throw, Superweight Throw

Perry Shoemaker, 52, Vienna VA, AR W50 Indoor 3000 Meter in 10:07.36, competing in 1 mile, 3000m

Mary Smith, 83, Colorado Springs CO, AR W80 Outdoor 400 Meter in 1:30.84, competing in 200m, 400m

Marisa Sutera Strange, 60, Millbrook NY, AR W55 Outdoor One Mile in 5:27.09, competing in 1 mile, 3000m

Aaron Thigpen, 59, Oakley CA, AR M40 Indoor 60 Meter in 6.9, M45 Indoor 60 Meter in 7.02, M40 Outdoor 100 Meter in 10.73, competing in 60m

Mary Trotto, 76, Kihei HI, AR W70 Outdoor Heptathlon in 1635, competing in 60m, 200m, 400m, 1 mile, 3000m, High Jump, Pole Vault, Triple Jump, Shot Put, Weight Throw, Superweight Throw, Pentathlon

David Westenberg, 66, Wellesley MA, AR M65 Indoor 1500 Meter in 4:54.18, M65 Indoor One Mile in 5:10.61, M65 Outdoor 3000 Meter in 10:41.69, competing in 800m, 1 mile, 3000m

Alison Wood, 50, Aumsville OR, AR W45 Indoor High Jump in 1.67, W45 Outdoor High Jump in 1.66, competing in High Jump

American record holders from IL: 2

David Ashford, 61, Gurnee IL, AR M40 Outdoor Sprint Hurdles in 13.73, competing in 60m hurdles

Antwon Dussett, 48, Peoria IL, AR M35 Indoor 200 Meter in 21.67, M40 Indoor 400 Meter in 49.32, competing in 200m, 400m

Won a World Outdoor Championship medal at Tampere, Finland, in 2022: 43

Ronald Atkins, 50, Tacoma WA, Gold 4x400m Relay, Bronze 200m, competing in 60m, Long Jump, Triple Jump

Marsha Baird, 50, Lehi UT, Bronze Heptathlon, competing in 60m hurdles, Long Jump, Pentathlon

Curtis Baldwin, 72, Indianapolis IN, Silver 4x100m Relay, Silver 4x400m Relay, competing in 400m

Wendell Beck, 65, Mesa AZ, Gold Pole Vault, competing in Pole Vault

Cheryl Bellaire, 65, Wayne PA, Silver 2000m Steeplechase, competing in 400m, 800m, 3000m

Lee Bridges, 57, Homewood IL, Gold 400m, Gold 4x100m Relay, Silver 200m, Silver 4x400m Relay, competing in 200m, 400m

Kenton Brown, 79, Austin TX, Gold 100m, Silver 200m, competing in 60m, 200m

Francis Burdett, 59, Worcester MA, Bronze Half Marathon Team, competing in 3000m

Robert Cahners, 81, Naples FL, Silver Hammer, Silver Weight, competing in Weight Throw, Superweight Throw

Kurt Carter, 46, Union NJ, Bronze 4x400m Relay, competing in 400m, 60m hurdles, High Jump, Long Jump, Triple Jump, Shot Put, Pentathlon

Eric Cole, 53, Decatur TX, Bronze Throws Pent, competing in Shot Put, Weight Throw, Superweight Throw

Maryanne Daniel, 65, Clinton CT, Bronze 5000m RW, competing in 1 Mile Race Walk, 3000m Race Walk

Durran Dunn, 42, Smyrna GA, Silver 200m, Bronze 100m, competing in 60m, 200m, 400m

Lisa Edwards, 45, Bronx NY, Gold 400m H, Silver 4x100m Relay, Silver 4x400m Relay, competing in 60m, 200m, 400m, 60m hurdles

Carol Finsrud, 67, Lockhart TX, Gold Hammer, Gold Discus, Silver Throws Pent, competing in Shot Put, Weight Throw, Superweight Throw

Dale Flanders, 58, Allegany NY, Bronze Half Marathon Team, competing in 3000m

Kathleen Frable, 78, Ivins UT, Gold 10k Road RW Team, Silver 20k Road Race Walk, Bronze 5000m RW, Bronze XC Team, Bronze 10k Road RW, competing in 200m, 400m, 800m, 1 mile, 3000m, 1 Mile Race Walk, 3000m Race Walk

Norman Frable, 78, Ivins UT, Silver 5000m RW, Silver 20k Road Race Walk, Bronze 10k Road RW, competing in 1 Mile Race Walk, 3000m Race Walk, High Jump

Reggie Garner, 63, Arlington TX, Bronze 100m H, competing in 200m, 60m hurdles

Adjua Gibb-Gabriel, 44, Walnut Creek CA, Silver 4x100m Relay, Silver 4x400m Relay, competing in 200m, 400m, Shot Put, Weight Throw, Superweight Throw

David Gibbon, 58, Cottonwood Heights UT, Gold 100m, Gold 200m, Gold 4x100m Relay, Silver 4x400m Relay, competing in 60m, 200m

Tami Graf, 87, Lusby MD, Gold Heptathlon, Gold 5000m, Gold 200m H, Gold HJ, Gold 80m H, Gold 4x100m Relay, Silver XC, Silver 2000m Steeplechase, Bronze XC Team, competing in 800m, 1 mile, 3000m, 60m hurdles, Weight Throw, Superweight Throw

Easter Grant, 40, Toney AL, Bronze 100m, competing in 60m, 200m

Rachel Guest, 48, Surprise AZ, Silver Heptathlon, competing in 60m hurdles, Pentathlon

Brian Hankerson, 64, Coral Springs FL, Gold LJ, Silver HJ, competing in 60m, 200m, High Jump, Long Jump, Triple Jump

Euleen Josiah-Tanner, 49, Atlanta GA, Gold XC Team, Bronze 2000m Steeplechase, Bronze Half Marathon Team, competing in 800m, 1 mile, 3000m

Tina Klein, 58, Kennesaw GA, Bronze Half Marathon Team, Bronze 2000m Steeplechase, competing in 1 mile, 3000m

Hal Lieberman, 81, Brooklyn NY, Bronze 4x400m Relay, competing in 400m, 800m, 1 mile

Bruce Logan, 59, New York NY, Bronze 10k Road RW Team, competing in 1 Mile Race Walk, 3000m Race Walk

April Lund, 41, Bismarck ND, Gold XC, Gold XC Team, Gold Half Marathon, Gold Half Marathon Team, Bronze 5000m, competing in 800m, 1 mile, 3000m

Roman Marenin, 40, Highlands Ranch CO, Silver 400m H, competing in 200m, 400m, 60m hurdles, Long Jump, Pentathlon

Marianne Martino, 73, Littleton CO, Gold 10k Road RW Team, Bronze 5000m RW, Bronze 10k Road RW, competing in 1 Mile Race Walk, 3000m Race Walk

Emmanuelle McGowan, 55, Sugar Hill GA, Gold 100m, Gold 200m, Gold 4x100m Relay, Silver 400m, Silver 4x400m Relay, competing in 60m, 200m, 400m

Inga McIntyre, 43, Madison WI, Silver 4x100m Relay, competing in 60m, 200m

Dave McNair, 68, Springfield NE, Gold 300m H, Gold 100m H, competing in 60m, 200m, 60m hurdles

Antonio Palacios, 57, Bloomington IN, Gold TJ, competing in Long Jump, Triple Jump

Rondrick Parker, 40, Hardeeville SC, Silver 100m, Silver 200m, competing in 60m, 200m

Robert Qualls, 71, Reno NV, Gold XC, Silver XC Team, Silver 10k Road Race, Silver 4x400m Relay, Bronze 5000m, Bronze 1500m, competing in 800m, 1 mile, 3000m

Michelle Rohl, 58, Mansfield PA, Gold 5000m, Silver 800m, Silver 1500m, competing in 800m, 1 mile, 3000m Race Walk

Jody Shepard, 38, Baton Rouge LA, Gold 400m H, competing in 60m, 200m, 60m hurdles

Joe Smith, 68, Lynnwood WA, Bronze TJ, competing in Long Jump, Triple Jump



Angela Staab, 81, Reidsville NC, Gold 4x100m Relay, Gold 4x400m Relay, competing in 200m, 400m, 800m, 1 mile, 3000m, Shot Put, Weight Throw, Superweight Throw

Coreen Steinbach, 72, Pompey NY, Silver 800m, Silver 400m, competing in 200m, 400m, 800m, 1 mile

David Swarts, 58, Jackson MI, Bronze 10k Road RW Team, competing in 1 Mile Race Walk, 3000m Race Walk

Salih Talib, 78, Bronx NY, Bronze 4x400m Relay, competing in 400m, 800m

Gavin Thorne, 53, Fort Worth TX, Silver 4x100m Relay, competing in 60m, 200m

Mary Trotto, 76, Kihei HI, Gold 4x100m Relay, Gold 4x400m Relay, Bronze 2000m Steeplechase, competing in 60m, 200m, 400m, 1 mile, 3000m, High Jump, Pole Vault, Triple Jump, Shot Put, Weight Throw, Superweight Throw, Pentathlon

Carol Wilkinson, 74, Longmont CO, Gold 10k Road RW Team, competing in 1 Mile Race Walk, 3000m Race Walk

Quinton Wilks, 43, Overland Park KS, Bronze 4x400m Relay, competing in 60m, Long Jump

Mark Williams, 51, Columbia NJ, Gold 4x400m Relay, competing in 400m, 800m, 1 mile

Won a World Indoor Championship medal at Toruń, Poland, in 2023: 34 in 2023

Eugene Anton, 66, Naperville IL, competed in Toruń and won Bronze M65 60m Hurdles, competing in 60m hurdles, High Jump, Shot Put, Pentathlon

Dolf Berle, 61, Dallas TX, competed in Toruń and won Gold M60 Pole Vault, competing in High Jump, Pole Vault, Pentathlon

India Bridgette, 62, Manvel TX, competed in Toruń and won Bronze W60 – 200m, Silver W60 60m, competing in 60m, 200m

Robert Cahnners, 81, Naples FL, competed in Toruń and won Gold M80 Weight Throw, competing in Weight Throw, Superweight Throw

Andrea Collier, 57, Orlando FL, competed in Toruń and won Bronze W55 60m, competing in 60m, 200m, 60m hurdles, Pentathlon

Robert Cozens, 87, Houston TX, competed in Toruń and won Bronze M85 200m, competing in 200m

Maryanne Daniel, 65, Clinton CT, competed in Toruń and won Silver WS60 – 10k Road Race Walk, Silver W60 3000m Race Walk, competing in 1 Mile Race Walk, 3000m Race Walk

Joel Dubow, 81, Tucker GA, competed in Toruń and won Silver M80 10k Road Race Walk, Gold M80 3000m Race Walk, competing in 1 Mile Race Walk, 3000m Race Walk, Shot Put

Antoine Echols, 41, Huntsville AL, competed in Toruń and won Gold M40 200m, Gold M40 60m, competing in 60m, 200m, 400m

Christina Elder, 36, Plattsmouth NE, competed in Toruń and won Bronze W35 800m, competing in 200m, 400m

Scott Eriksson, 62, Plano TX, competed in Toruń and won Gold M60 Discus Throw, Gold M60 Discus Throw, competing in 60m, Shot Put, Weight Throw, Superweight Throw

Carol Finsrud, 67, Lockhart TX, competed in Toruń and won Silver W65 Discus Throw, Silver W65 Shot Put, Gold W65 Discus, competing in Shot Put, Weight Throw, Superweight Throw

Norman Frable, 78, Ivins UT, competed in Toruń and won Bronze M75 10k Road Race Walk, Bronze M75 3000m Race Walk, competing in 1 Mile Race Walk, 3000m Race Walk, High Jump

Reggie Garner, 63, Arlington TX, competed in Toruń and won Silver M60 60m Hurdles, competing in 200m, 60m hurdles

David Gibbon, 58, Cottonwood Heights UT, competed in Toruń and won Bronze M55 200m, Bronze M55 60m, competing in 60m, 200m

Easter Grant, 40, Toney AL, competed in Toruń and won Silver W35 60m, competing in 60m, 200m

Rachel Guest, 48, Surprise AZ, competed in Toruń and won Silver W45 Pentathlon, Bronze W45 High Jump, competing in 60m hurdles, Pentathlon

Brian Hankerson, 64, Coral Springs FL, competed in Toruń and won Silver M60 Triple Jump, Silver M60 Long Jump, competing in 60m, 200m, High Jump, Long Jump, Triple Jump

Russell Jacquet-Acea, 71, Seattle WA, competed in Toruń and won Bronze M70 Pentathlon, competing in 200m, 60m hurdles, High Jump, Pole Vault, Long Jump, Pentathlon

Lorraine Jasper, 62, Birchrunville PA, competed in Toruń and won Bronze W60 800m, competing in 400m, 800m

April Lund, 41, Bismarck ND, competed in Toruń and won Silver W40 10k Road Race, Gold W40 XC, Silver W40 3000m, competing in 800m, 1 mile, 3000m

Sue McDonald, 60, Santa Barbara CA, competed in Toruń and won Bronze W55 800m, competing in 400m, 800m, 1 mile

Charles Novak, 56, Cuyahoga Falls OH, competed in Toruń and won Silver M55 800m, competing in 800m, 1 mile

Antonio Palacios, 57, Bloomington IN, competed in Toruń and won Silver M55 Triple Jump, Gold M55 Long Jump, competing in Long Jump, Triple Jump

Rondrick Parker, 40, Hardeeville SC, competed in Toruń and won Silver M35 60m, competing in 60m, 200m

Spencer Parrish, 87, Waterbury CT, competed in Toruń and won Gold M85 10k Road Race Walk, Gold M85 3000m Race Walk, competing in 60m, 200m, 400m, 1 Mile Race Walk, 3000m Race Walk

Robert Paulen, 87, Dewey Beach DE, competed in Toruń and won Silver M85 60m Hurdles, competing in 60m hurdles, High Jump, Triple Jump, Pentathlon

Emil Pawlik, 85, Jackson MS, competed in Toruń and won Silver M85 High Jump, competing in 60m, 60m hurdles, High Jump, Long Jump

Robert Qualls, 71, Reno NV, competed in Toruń and won Gold M70 10k Road Race, Silver M70 XC, Bronze M70 3000m, competing in 800m, 1 mile, 3000m

Michelle Rohl, 58, Mansfield PA, competed in Toruń and won Silver W55 800m, Gold W55 3000m, competing in 800m, 1 mile, 3000m Race Walk

Angela Staab, 81, Reidsville NC, competed in Toruń and won Bronze W80 3000m, competing in 200m, 400m, 800m, 1 mile, 3000m, Shot Put, Weight Throw, Superweight Throw

Karen Swisher, 72, Hudson WI, competed in Toruń and won Silver W70 3000m Race Walk, competing in 1 Mile Race Walk, 3000m Race Walk

Mark Williams, 51, Columbia NJ, competed in Toruń and won Bronze M50 800m, competing in 400m, 800m, 1 mile

Alison Wood, 50, Aumsville OR, competed in Toruń and won Gold W45 High Jump, competing in High Jump

#### WMA Best Athlete of the Year: 6

William Harvey, 78, Goleta CA, 2020 Throws Best Athlete Award, 2017 Thrower of the Year, 2019 Men Combined Events Runner-Up, competing in Shot Put

Neringa Jakstiene, 60, Memphis TN, 2019 Women Overall Winner, 2019 Women Jumps Runner-Up, 2019 Women Combined Events Runner-Up, 2023 Best Athlete Award, competing in 60m hurdles, High Jump, Long Jump, Triple Jump, Pentathlon

Damien Leake, 71, Van Nuys CA, 2023 Best Athlete Nominee, competing in 60m, Long Jump

Sue McDonald, 60, Santa Barbara CA, 2023 Best Athlete Award, competing in 400m, 800m, 1 mile

Myrle Mensey, 75, Saint Louis MO, 2019 Women Throws Runner-Up, competing in Shot Put, Weight Throw, Superweight Throw

#### Inducted into USATF Masters Hall of Fame: 20

Paul Babits, 63, Fort Wayne IN, inducted into Hall of Fame in 2018, competing in Pole Vault

Kathy Bergen, 84, La Canada CA, inducted into Hall of Fame in 2008, competing in 60m, 200m, High Jump

Christel Donley, 89, Colorado Springs CO, inducted into Hall of Fame in 1997, competing in 60m, High Jump, Long Jump, Triple Jump, Shot Put

Carol Finsrud, 67, Lockhart TX, inducted into Hall of Fame in 2007, competing in Shot Put, Weight Throw, Superweight Throw

Kay Glynn, 71, Walker MO, inducted into Hall of Fame in 2021, competing in 60m, 200m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Pentathlon

John Goldhammer, 70, Claremont CA, inducted into Hall of Fame in 2021, competing in Weight Throw, Superweight Throw

Rachel Guest, 48, Surprise AZ, inducted into Hall of Fame in 2021, competing in 60m hurdles, Pentathlon

Lesley Hinz, 66, Atlanta GA, inducted into Hall of Fame in 2021, competing in 200m, 400m, 800m, 1 mile

Gary Hunter, 68, Fort Wayne IN, inducted into Hall of Fame in 2010, competing in Pole Vault

Oneithea Lewis, 63, Oakland Gardens NY, inducted into Hall of Fame in 2010, competing in Shot Put, Weight Throw, Superweight Throw

Marianne Martino, 73, Littleton CO, inducted into Hall of Fame in 2018, competing in 1 Mile Race Walk, 3000m Race Walk

Emmanuelle McGowan, 55, Sugar Hill GA, inducted into Hall of Fame in 2023, competing in 60m, 200m, 400m

Florence Meiler, 89, Shelburne VT, inducted into Hall of Fame in 2010, competing in 60m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Weight Throw, Pentathlon

Myrle Mensey, 75, Saint Louis MO, inducted into Hall of Fame in 2014, competing in Shot Put, Weight Throw, Superweight Throw

Antonio Palacios, 57, Bloomington IN, inducted into Hall of Fame in 2023, competing in Long Jump, Triple Jump

Emil Pawlik, 85, Jackson MS, inducted into Hall of Fame in 2004, competing in 60m, 60m hurdles, High Jump, Long Jump

Derek Pye, 56, Carson CA, inducted into Hall of Fame in 2022, competing in 60m, 60m hurdles

Stephen Robbins, 81, Cleveland OH, inducted into Hall of Fame in 2005, competing in 60m, 200m

Joy Upshaw, 63, Lafayette CA, inducted into Hall of Fame in 2012, competing in 60m, 200m, 60m hurdles, Long Jump

Ruth Welding, 68, Elk Grove Village IL, inducted into Hall of Fame in 2018, competing in Shot Put, Weight Throw, Superweight Throw

Athletes from IL: 125

Marco Acevedo, M 54, of Chicago IL USA, competing in 60m

Emily Adams, W 38, of Essex IL USA, Chicagoland Masters Athletics Club, competing in Shot Put, Weight Throw, Superweight Throw

Alex Andreatta, M 39, of Taylorville IL USA, P.V. Junkies Vault Club, competing in Pole Vault

Bill Angel, M 82, of Schaumburg IL USA, competing in Pole Vault

Eugene Anton, M 66, of Naperville IL USA, So Cal Track Club, competing in 60m hurdles, High Jump, Shot Put, Pentathlon

Orlando Arroyo, M 46, of Plainfield IL USA, competing in 60m hurdles, Triple Jump

David Ashford, M 61, of Gurnee IL USA \*\*\* WR M40 Outdoor 110MHurdles in 13.73 \*\*\* AR M40 Outdoor Sprint Hurdles in 13.73, competing in 60m hurdles

Michael Assefa, M 31, of Frankfort IL USA, competing in 60m, Long Jump, Shot Put

Gueorgui Atanassov, M 60, of Schiller Park IL USA, Bulgaria, competing in 400m, 800m

Nick Barron, M 33, of Elsah IL USA, competing in 800m, 1 mile, 3000m

LeAnna Becker, W 41, of Buffalo Grove IL USA, competing in 400m, 800m, High Jump

Colleen Bolin, W 43, of Oak Park IL USA, competing in 800m

Lee Bridges, M 57, of Homewood IL USA \*\*\* World 2023 outdoor champion at Toruń: INDOOR Gold 400m, Gold 4x100m Relay, Silver 200m, Silver 4x400m Relay \*\*\* Returning 2023 USA indoor champion 200 Meter Dash in 24.52, 200 Meter Dash in 24.01, 400 Meter Dash in 54.05 \*\*\* Returning 2023 USA outdoor champion M55 400 meter finals in 53.00 \*\*\* USATF MTF Masters Exhibition Events Subcommittee Chair, competing in 200m, 400m

Mario Briscoe, M 34, of Plainfield IL USA, competing in 200m, 60m hurdles

Donna Brown, W 74, of Champaign IL USA, competing in 60m, 200m, Long Jump

Julie Bruns, W 54, of Elmhurst IL USA, DWRrunning, competing in 1 mile, 3000m

Kyle Brunsmann, M 37, of Fairview Heights IL USA, competing in 60m, 200m

Jeffrey Carl, M 69, of Sterling IL USA, competing in Shot Put, Weight Throw, Superweight Throw

Tim Cederblad, M 73, of Plainfield IL USA, Chicagoland Masters Athletics Club, competing in Shot Put, Weight Throw, Superweight Throw

Charlie Coe, M 53, of Lindenhurst IL USA, competing in Pentathlon

Timothy Conheady, M 67, of Elmhurst IL USA, Greater Philadelphia TC \*\*\* Returning 2023 USA outdoor champion M65 1500 meter finals in 5:14.87, competing in 800m, 1 mile, 3000m, Shot Put

Shondra Cooper, W 43, of Chicago IL USA, competing in Shot Put

Janeen Corbin, W 37, of Aurora IL USA, competing in 60m, 200m, High Jump, Long Jump

Matt Croll, M 53, of Naperville IL USA, competing in 60m, Long Jump

Diana Crumrine, W 42, of Bolingbrook IL USA, competing in Shot Put

Christopher Cummings, M 27, of Evanston IL USA, competing in 1 mile

Christopher Daniels, M 30, of Chicago IL USA, competing in 200m, Pentathlon

Robert Danstrom, M 41, of Oak Park IL USA, competing in 1 Mile Race Walk

James deBeers, M 54, of River Forest IL USA, University of Illinois, Champaign, competing in 1 mile

Mervin Dino, M 29, of Chicago IL USA, competing in 60m, 200m, Long Jump, Triple Jump

Allen Dixon Jr., M 77, of Danville IL USA, Nubian Striders, competing in 60m

Andrew Don, M 48, of Chicago IL USA, competing in 60m

Paul Doss, M 63, of Chicago IL USA, competing in 800m, 1 mile

Antwon Dussett, M 48, of Peoria IL USA, Southwest Sprinters Track Club \*\*\* AR M35 Indoor 200 Meter in 21.67, M40 Indoor 400 Meter in 49.32, competing in 200m, 400m

Erika Edmonson, W 43, of Riverside IL USA, competing in 800m, 1 mile, 3000m

Tom Edwards Sr., M 36, of Belleville IL USA, competing in 200m

Lynn Farley, W 36, of Chicago IL USA, Nubian Striders, competing in 60m, 200m

Jason Ferguson, M 58, of Chicago IL USA, U.S. Marine Corps, competing in 60m, 200m, 60m hurdles, High Jump, Long Jump, Triple Jump

Clifford Fletcher Jr., M 70, of Park Forest IL USA, competing in 60m

Jamie Freveletti, W 64, of Chicago IL USA, competing in 1 mile, 3000m

Donna Green, W 71, of Woodridge IL USA, Chicago Walkers Club, competing in 3000m Race Walk

Svetoslav Grozdev, M 51, of Arlington Heights IL USA, competing in 60m, 200m, Long Jump

Mary Gucinski, W 67, of Naperville IL USA, Potomac Valley Track Club, competing in Relay Only

Steve Hackel, M 75, of Midlothian IL USA, competing in High Jump

Susan Hallen, W 67, of Elk Grove Village IL USA, Chicagoland Masters Athletics Club \*\*\* USATF MTF Throwing Events Subcommittee Chair, competing in Shot Put, Weight Throw, Superweight Throw

Rodney Harper, M 76, of Robbins IL USA, competing in 60m, 60m hurdles, High Jump

Randy Harris, M 68, of Schaumburg IL USA, competing in High Jump

Victor Harris, M 60, of Evergreen Park IL USA, U.S. Army, competing in 60m, 200m, 400m, High Jump

Kristopher Hartner, M 57, of Naperville IL USA, competing in 1 mile

Lamar Hasbrouck, M 58, of Naperville IL USA, Chicagoland Masters Athletics Club, competing in 60m, 60m hurdles

Justin Higginbotham, M 32, of Chicago IL USA, atk, competing in Triple Jump

Jeanna Hudgins, W 46, of Matteson IL USA, Nubian Striders, competing in 200m

Carole Jackson, W 69, of Oak Park IL USA, SC Striders Track Club, competing in 200m, Weight Throw, Superweight Throw

Ryan Jaskiewicz, M 40, of La Grange Park IL USA, DWRunning, competing in 3000m

Shea Johannsen, W 34, of Stockton IL USA, competing in 800m, 1 mile

Willie Johnson III, M 64, of Chicago IL USA, competing in 200m, 400m

Amber Johnson, W 31, of Bellwood IL USA, competing in 60m, 200m, 400m, 60m hurdles, High Jump

Nathan Johnson, M 33, of Bellwood IL USA \*\*\* Returning 2023 USA indoor champion 200 Meter Dash in 23.37, competing in 60m, 200m

John Jurica, M 68, of Manteno IL USA, competing in 200m

Nicholas Karavolos, M 37, of Chicago IL USA, Elmhurst Track and Field Club, competing in 60m, Long Jump, Pentathlon

Matthew Kelley, M 50, of Elmhurst IL USA, Washburn University of Topeka, competing in 800m

Bryan Kelly, M 46, of Wheaton IL USA, competing in 800m

Charles Kern, M 54, of Elmhurst IL USA, competing in 1 mile

Pete Knaus, M 42, of Lisle IL USA, competing in Superweight Throw

William-Jesse Leggett, M 47, of Burbank IL USA, Chicago Walkers Club, competing in 1 Mile Race Walk, 3000m Race Walk

John A Lubon, M 56, of Palos Hills IL USA, competing in Triple Jump

Alicia Martinez, W 48, of Hickory Hills IL USA, competing in 400m, 800m, 1 mile, 3000m

Mary Mays, W 36, of Grayslake IL USA, competing in 60m, 200m

Terrance McBarnett, M 54, of Mundelein IL USA, competing in High Jump, Long Jump, Triple Jump

Reynae McFarlane, W 28, of Chicago IL USA, Jamaica, competing in 60m, 200m, Long Jump

Doris McGuire, W 75, of LaGrange Park IL USA, Chicago Walkers Club, competing in 3000m Race Walk

Richard McGuire, M 76, of LaGrange Park IL USA, Chicago Walkers Club, competing in 3000m Race Walk

Patrick McHugh, M 61, of Winnetka IL USA, competing in 1 mile, 3000m

James McPhail, M 59, of Peoria IL USA, competing in Pole Vault

Vic Mead I, M 69, of Aurora IL USA, competing in Pole Vault

Steve Minsky, M 53, of Grayslake IL USA, competing in 60m, 200m, 400m

Fahim Muhammad, M 54, of South Holland IL USA, Five Alive Blazers, competing in 60m, 200m, Long Jump

Jameka Muhammad, W 45, of New Lenox IL USA, Nubian Striders, competing in 60m, 60m hurdles

Necole Muhammad, W 50, of Chicago IL USA, competing in 1 Mile Race Walk

Paul Murphy, M 76, of Willow Springs, IL IL USA, competing in 400m, 800m

Mike Nardini, M 69, of Barrington IL USA, competing in 200m

Ben Nguyen, M 41, of Homer Glen IL USA, competing in 200m, 400m

Brian O'Neill, M 38, of Lombard IL USA, Elmhurst Track and Field Club, competing in 200m, 400m

Casey Ong, W 46, of Lombard IL USA, Elmhurst Track and Field Club, competing in 60m, 200m, Long Jump

Richard Osborne, M 45, of Glen Ellyn IL USA, competing in Shot Put, Weight Throw

Kim Perales, W 49, of Orland Park IL USA, competing in 60m, 200m, High Jump, Triple Jump, Shot Put

Theodore Peterson, M 60, of Arlington Heights IL USA, competing in 60m, 200m

Roger Pinon, M 35, of Chicago IL USA, Pinon Track Club Elite, competing in 1 mile, 3000m

Bradley Pruitt, M 37, of Chicago IL USA, competing in 60m, 200m, 400m

Jeff Rastatter, M 48, of Chicago IL USA, Pinon Track Club Elite, competing in 1 mile

Antoine Reed, M 43, of Mundelein IL USA, competing in 60m, 200m

Kelley Reinfelds, W 46, of Libertyville IL USA, competing in 400m, Pentathlon

Edward Rhyne Jr., M 51, of Homewood IL USA, competing in 60m hurdles

Jerry Robinson, M 48, of Oswego IL USA, competing in 800m, 1 mile

Jeremy Ruston, M 43, of Huntley IL USA, competing in 1 mile, 3000m

Joshua Ruston, M 43, of Deerfield IL USA, Fast Track Racing Team, competing in 800m, 1 mile

Frank Safranski, M 42, of Springfield IL USA, competing in 60m



Keith Salyers, M 52, of Bartlett IL USA, Hastings College, competing in 60m, 200m, 400m

Paul Sanders, M 28, of Moline IL USA, competing in 60m

Breanna Sanner, W 34, of Hazel Crest IL USA \*\*\* Returning 2023 USA indoor champion Long Jump in 5.31m, Triple Jump in 12.07m, competing in 200m, 60m hurdles, Long Jump, Triple Jump

Jim Scott, M 66, of Springfield IL USA \*\*\* Returning 2023 USA indoor champion 1500 Meter Race Walk in 8:08.76, 3000 Meter Race Walk in 17:08.66, competing in 1 Mile Race Walk, 3000m Race Walk

Sharon Sears, W 60, of Chicago IL USA, competing in Shot Put, Weight Throw, Superweight Throw

Paul Skubic, M 75, of Oak Forest IL USA, competing in Pole Vault

Jacklyn Slaughter, W 62, of Riverdale IL USA, Nubian Striders, competing in 60m

Jacob Solus, M 35, of Chicago IL USA, competing in Triple Jump

Randall Stearns, M 65, of Champaign IL USA, competing in 3000m

John Stogis, M 45, of West Chicago IL USA, competing in 60m, 200m

Marcus Thomas, M 35, of Chicago IL USA, competing in 3000m

Mark Thompson, M 59, of Champaign IL USA, competing in 800m, 1 mile

Todd Tilton, M 63, of Lombard IL USA, Greater Philadelphia TC, competing in 60m

Emma Toliver, W 26, of Bolingbrook IL USA, competing in High Jump, Triple Jump

Jan Unruh, W 62, of Avon IL USA, Chicagoland Masters Athletics Club, competing in Shot Put, Weight Throw, Superweight Throw

Jennifer Vander Logt, W 44, of Saint Joseph IL USA, competing in Shot Put, Weight Throw, Superweight Throw

Talise Wadley, W 50, of Chicago IL USA, Zephyrs Track Club, competing in Weight Throw

Aaron Walker, M 46, of Morris IL USA, competing in Pole Vault

William Walton, M 51, of Chicago IL USA, Pinon Track Club Elite, competing in 1 mile

David Weber, M 75, of Decatur IL USA, U.S. Army, competing in High Jump, Pole Vault, Long Jump, Triple Jump

Ruth Welding, W 68, of Elk Grove Village IL USA, Chicagoland Masters Athletics Club \*\*\* inducted into Hall of Fame in 2018, competing in Shot Put, Weight Throw, Superweight Throw

Mark Wold, M 55, of Glenview IL USA, Chicago Walkers Club, competing in 1 Mile Race Walk, 3000m Race Walk

Christopher Wolf, M 50, of Chicago IL USA, South Chicago Track Club, competing in 1 mile

Shaun Wollenweber, M 27, of Chicago IL USA, atk \*\*\* Returning 2023 USA indoor champion Triple Jump in 14.05m, competing in Triple Jump

Pawel Wydra, M 50, of Schaumburg IL USA and POL, Chicagoland Masters Athletics Club, competing in High Jump, Shot Put, Weight Throw, Superweight Throw

Mike Young, M 62, of Wood River IL USA, Explosion Track Club, competing in 60m, 200m, Shot Put, Weight Throw

Danny Zapler, M 53, of Mount Prospect IL USA, TCBOOST Track & Field Club, competing in Long Jump, Triple Jump

Lauren Zeunik, W 34, of Arlington Heights IL USA, competing in 400m

Greensboro 2023 outdoor returning champions: 95

Walé Aka-Bashorun, 53, Huntersville NC, M50 Outdoor Pentathlon Overall finals in 3394, M50 Outdoor Pentathlon #1: Long Jump finals in 5.39m, M50 Outdoor Pentathlon #3: 200 Meter finals in 26.28, M50 Outdoor Pentathlon #4: Discus Throw finals in 40.53m, competing in 60m hurdles, High Jump, Long Jump, Triple Jump, Shot Put, Pentathlon

Paul Babits, 63, Fort Wayne IN, M60 Pole Vault finals in 3.60m, competing in Pole Vault

Krista Benson, 52, Newtown CT, W50 80 meter Hurdles finals in 13.72, competing in 60m, 200m, 60m hurdles, Long Jump

Kathy Bergen, 84, La Canada CA, W80 100 meter finals in 17.86, competing in 60m, 200m, High Jump

Carroll Blake, 73, Boston MA, M70 400 meter prelims in 1:03.79, competing in 200m, 400m

Michael Blunt, 46, Fort Knox KY, M45 100 meter finals in 11.33, M45 100 meter prelims in 12.04, M45 200 meter finals in 22.99, M45 200 meter prelims in 23.56, competing in 60m, 200m

Francois Boda, 59, Midwest City OK, M55 400 meter prelims in 57.07, competing in 60m, 200m, 400m

Christy Borders, 36, Eugene OR, W35 100 meter Hurdles finals in 16.48, competing in 60m hurdles, Long Jump

Lee Bridges, 57, Homewood IL, M55 400 meter finals in 53.00, competing in 200m, 400m

India Bridgette, 62, Manvel TX, W60 200 meter finals in 28.64, W60 200 meter prelims in 28.35, W60 100 meter finals in 13.70, W60 100 meter prelims in 14.16, competing in 60m, 200m

Kenton Brown, 79, Austin TX, M75 100 meter finals in 13.85, M75 100 meter prelims in 14.77, M75 200 meter finals in 29.13, competing in 60m, 200m

Rasheta Butler, 35, Wilmington NJ, W30 100 meter finals in 12.82, competing in 60m

Robert Cahners, 81, Naples FL, M80 Weight Throw finals in 14.75m, M80 Hammer Throw finals in 34.39m, competing in Weight Throw, Superweight Throw

Inocencio Cantu, 90, San Marcos TX, M85 800 meter finals in 4:03.21, competing in 800m, 1 mile

Kurt Carter, 46, Union NJ, M45 Outdoor Pentathlon #3: 200 Meter finals in 25.92, M45 Outdoor Pentathlon #4: Discus Throw finals in 28.02m, competing in 400m, 60m hurdles, High Jump, Long Jump, Triple Jump, Shot Put, Pentathlon

Eric Cole, 53, Decatur TX, M50 Discus Throw finals in 46.01m, M50 Weight Throw finals in 17.87m, competing in Shot Put, Weight Throw, Superweight Throw

Andrea Collier, 57, Orlando FL, W55 100 meter finals in 13.12, W55 80 meter Hurdles finals in 13.29, W55 300 meter Hurdles finals in 53.27, competing in 60m, 200m, 60m hurdles, Pentathlon

Timothy Conheady, 67, Elmhurst IL, M65 1500 meter finals in 5:14.87, competing in 800m, 1 mile, 3000m, Shot Put

David Craig, 72, Columbia TN, M70 400 meter finals in 1:02.61, competing in 200m, 400m, High Jump

Elizabeth Deak, 66, Cocoa Beach FL, W65 200 meter finals in 30.33, W65 200 meter prelims in 30.53, W65 400 meter finals in 1:07.23, competing in 200m, 400m, High Jump

David DeStefano, 53, Berkley MA, M50 Hammer Throw finals in 56.83m, competing in Weight Throw, Superweight Throw

Guy Dirkin, 71, Clermont FL, M70 Weight Throw finals in 16.95m, M70 Hammer Throw finals in 43.75m, M70 Discus Throw finals in 42.56m, competing in Shot Put, Weight Throw, Superweight Throw

Antoine Echols, 41, Huntsville AL, M40 200 meter finals in 22.38, M40 400 meter finals in 50.90, M40 400 meter prelims in 56.34, competing in 60m, 200m, 400m

Lisa Edwards, 45, Bronx NY, W45 400 meter Hurdles finals in 1:12.81, competing in 60m, 200m, 400m, 60m hurdles

Christina Elder, 36, Plattsmouth NE, W35 800 meter finals in 2:20.52, competing in 200m, 400m

Michael Elwell, 27, Orlando FL, M25 Javelin Throw finals in 38.94m, M25 Outdoor Pentathlon #2: Javelin Throw finals in 38.00m, competing in Long Jump, Triple Jump, Shot Put, Pentathlon

Scott Eriksson, 62, Plano TX, M60 Discus Throw finals in 55.62m, competing in 60m, Shot Put, Weight Throw, Superweight Throw

Carol Finsrud, 67, Lockhart TX, W65 Discus Throw finals in 33.21m, W65 Shot Put finals in 9.66m, W65 Hammer Throw finals in 35.38m, W65 Weight Throw finals in 14.21m, competing in Shot Put, Weight Throw, Superweight Throw

Anthony Fleming, 71, Detroit MI, M70 800 meter finals in 2:38.97, competing in 400m, 800m

Joy Flynn, 77, Quogue NY, W75 100 meter finals in 19.40, competing in 60m, High Jump, Long Jump, Triple Jump

Sonja Friend-Uhl, 52, Boca Raton FL, W50 400 meter finals in 1:05.09, W50 800 meter finals in 2:29.02, W50 1500 meter finals in 5:04.75, competing in 400m, 800m, 1 mile

David Gibbon, 58, Cottonwood Heights UT, M55 100 meter finals in 11.36, M55 100 meter prelims in 11.67, M55 200 meter finals in 23.68, M55 200 meter prelims in 23.68, competing in 60m, 200m

Odeika Giscombe, 35, Cocoa FL, W30 400 meter finals in 55.69, competing in 60m, 200m, 400m

Kay Glynn, 71, Walker MO, W70 80 meter Hurdles finals in 16.05, W70 200 meter Hurdles finals in 37.61, W70 Outdoor Pentathlon #3: Shot Put finals in 6.81m, competing in 60m, 200m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Pentathlon

Easter Grant, 40, Toney AL, W40 100 meter finals in 12.02, W40 200 meter finals in 25.01, competing in 60m, 200m

Rose Green, 85, Upper Marlboro MD, W85 200 meter finals in 54.75, W85 100 meter finals in 23.30, competing in 60m, 200m, 400m, Shot Put

Rachel Guest, 48, Surprise AZ, W45 80 meter Hurdles finals in 1, competing in 60m hurdles, Pentathlon

Amy Haddad, 57, Bradenton FL, W55 Long Jump finals in 4.25m, W55 Outdoor Pentathlon #1: 80 Meter Hurdles finals in 14.18, W55 Outdoor Pentathlon #2: High Jump finals in 1.42m, competing in 60m, 60m hurdles, High Jump, Long Jump, Shot Put

Brian Hankerson, 64, Coral Springs FL, M60 Long Jump finals in 5.23m, competing in 60m, 200m, High Jump, Long Jump, Triple Jump

Edward Hart, 67, Arlington TX, M65 5000 meter Race Walk finals in 32:22.24, competing in 1 Mile Race Walk, 3000m Race Walk

Jennifer Harvey, 55, New York NY, W55 800 meter finals in 2:29.20, competing in 800m, 1 mile

William Harvey, 78, Goleta CA, M75 Shot Put finals in 11.81m, competing in Shot Put

Cora Hill, 80, Southfield MI, W75 800 meter finals in 5:10.19, competing in 200m, 400m, 800m

Jo-Anne Hill-Patterson, 45, Decatur AL, W45 Outdoor Pentathlon #3: Shot Put finals in 7.72m, W45 Outdoor Pentathlon #4: Long Jump finals in 3.52m, competing in High Jump, Long Jump, Shot Put, Weight Throw

Ronald Humphrey, 65, Chesapeake VA, M60 300 meter Hurdles finals in 44.11, competing in 200m, 400m, 60m hurdles, Long Jump, Pentathlon

Arif Husain, 55, Stamford CT, M50 400 meter finals in 54.62, competing in 60m

Russell Jacquet-Acea, 71, Seattle WA, M70 300 meter Hurdles finals in 49.86, M70 Outdoor Pentathlon #4: Discus Throw finals in 28.31m, competing in 200m, 60m hurdles, High Jump, Pole Vault, Long Jump, Pentathlon

Ben James, 67, Honeoye Falls NY, M65 200 meter finals in 26.19, M65 200 meter prelims in 26.91, M65 400 meter finals in 1:00.06, M65 400 meter prelims in 1:01.24, competing in 200m, 400m

Nathalie Jones, 49, New York city NY, W45 400 meter finals in 0:60.00, competing in 400m, 800m

Kenneth Kashubara, 47, West Bloomfield MI, M45 Shot Put finals in 13.08m, competing in Shot Put

Oneithea Lewis, 63, Oakland Gardens NY, W60 Weight Throw finals in 16.03m, W60 Hammer Throw finals in 43.65m, competing in Shot Put, Weight Throw, Superweight Throw

Christine Licata, 44, Cranford NJ, W40 800 meter finals in 2:25.22, competing in 800m

April Lund, 41, Bismarck ND, W40 1500 meter finals in 4:51.48, competing in 800m, 1 mile, 3000m

Keith Majors, 39, St. Louis MO, M35 200 meter finals in 22.91, M35 200 meter prelims in 22.96, competing in 200m, 400m

Roman Marenin, 40, Highlands Ranch CO, M40 400 meter Hurdles finals in 57.44, M40 110 meter Hurdles finals in 15.35, competing in 200m, 400m, 60m hurdles, Long Jump, Pentathlon

Maxwell Maritato, 28, Amherst MA, M25 High Jump finals in 1.85m, competing in 60m, High Jump

Marianne Martino, 73, Littleton CO, W70 5000 meter Race Walk finals in 33:52.70, competing in 1 Mile Race Walk, 3000m Race Walk

Carlos Mathews, 50, Huntsville AL, M50 Long Jump finals in 5.33m, competing in 60m, 200m, Long Jump, Triple Jump

Mark McDonald, 52, Seabrook TX, M50 High Jump finals in 1.78m, competing in High Jump

Sue McDonald, 60, Santa Barbara CA, W60 800 meter finals in 2:29.97, W60 300 meter Hurdles finals in 48.89, W60 400 meter finals in 1:02.34, W60 400 meter prelims in 1:12.72, competing in 400m, 800m, 1 mile

Emmanuelle McGowan, 55, Sugar Hill GA, W55 100 meter prelims in 13.62, W55 200 meter finals in 27.03, W55 400 meter finals in 1:02.40, competing in 60m, 200m, 400m

Dave McNair, 68, Springfield NE, M65 300 meter Hurdles finals in 48.84, competing in 60m, 200m, 60m hurdles

Florence Meiler, 89, Shelburne VT, W85 Outdoor Pentathlon #4: Long Jump finals in 1.81m, competing in 60m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Weight Throw, Pentathlon

Crystal Muse, 52, Vestal NY, W50 Shot Put finals in 13.15m, W50 Javelin Throw finals in 27.78m, W50 Weight Throw finals in 14.81m, competing in Shot Put, Weight Throw, Superweight Throw

Alissa Noguez, 60, Simpsonville SC, W60 Shot Put finals in 10.53m, W60 Discus Throw finals in 29.82m, competing in Shot Put, Weight Throw, Superweight Throw

James Patterson, 60, Hood River OR, M60 Shot Put finals in 17.32m, competing in Shot Put

Anthony Pugliese, 64, Audubon NJ, M60 Outdoor Pentathlon Overall finals in 2492, competing in 60m hurdles, High Jump, Pole Vault, Long Jump, Shot Put, Weight Throw, Pentathlon

Robert Qualls, 71, Reno NV, M70 10000 meter finals in 42:54.65, M70 1500 meter finals in 5:36.18, competing in 800m, 1 mile, 3000m

Catherine Radle, 80, Atlanta GA, W75 Hammer Throw finals in 19.82m, competing in Pole Vault, Shot Put, Weight Throw

Garth Robinson, 53, St Louis MO, M50 100 meter finals in 10.88, M50 100 meter prelims in 11.41, M50 200 meter finals in 22.59, M50 200 meter prelims in 23.34, competing in 60m, 200m

Michelle Rohl, 58, Mansfield PA, W45 5000 meter finals in 21:09.97, competing in 800m, 1 mile, 3000m Race Walk

Jose Saldeno, 46, Hallandale Beach FL, M45 400 meter finals in 52.01, M45 800 meter finals in 2:04.32, competing in 400m

James Sauers, 75, Dacula GA, M75 High Jump finals in 1.40m, competing in High Jump

Alison Schwalm, 46, Line Lexington PA, W45 800 meter finals in 2:21.36, competing in 800m, Long Jump, Pentathlon

Sam Sharp, 38, Alexandria VA, M35 800 meter finals in 1:59.40, competing in 800m, 1 mile

Francis Shen, 46, Minneapolis MN, M45 110 meter Hurdles finals in 17.95, competing in 400m, 60m hurdles

Jody Shepard, 38, Baton Rouge LA, M35 110 meter Hurdles finals in 14.58, M35 400 meter Hurdles finals in 54.67, competing in 60m, 200m, 60m hurdles

Douglas Smith, 59, Moon Township PA, M55 100 meter Hurdles finals in 16.48, competing in 60m hurdles

Joe Smith, 68, Lynnwood WA, M65 Long Jump finals in 4.73m, competing in Long Jump, Triple Jump

Mary Smith, 83, Colorado Springs CO, W80 400 meter finals in 1:33.08, W80 200 meter finals in 39.28, competing in 200m, 400m

Kevin Staniszewski, 30, Santa Monica CA, M25 Long Jump finals in 6.32m, competing in 60m hurdles, High Jump, Long Jump

Anine Stanley, 38, Waterbury CT, W35 5000 meter Race Walk finals in 31:38.73, W30 10000 meter Race Walk finals in 1:01:31.58, competing in 1 Mile Race Walk, 3000m Race Walk

Coreen Steinbach, 72, Pompey NY, W70 400 meter finals in 1:19.11, W70 800 meter finals in 3:12.23, W70 1500 meter finals in 6:35.48, competing in 200m, 400m, 800m, 1 mile

Mary Trotto, 76, Kihei HI, W75 Javelin Throw finals in 14.30m, W75 Shot Put finals in 7.15m, W75 Weight Throw finals in 8.43m, competing in 60m, 200m, 400m, 1 mile, 3000m, High Jump, Pole Vault, Triple Jump, Shot Put, Weight Throw, Superweight Throw, Pentathlon

Christina Trucks, 40, Concord CA, W35 400 meter finals in 57.52, W35 100 meter finals in 12.18, W35 100 meter prelims in 12.48, W35 200 meter finals in 25.51, competing in 60m, 200m, 400m

Ashley Tukes-Karnick, 38, Detroit MI, W35 400 meter Hurdles finals in 1:12.00, competing in 1 Mile Race Walk

Joy Upshaw, 63, Lafayette CA, W60 80 meter Hurdles finals in 14.02, competing in 60m, 200m, 60m hurdles, Long Jump

Teran Wakefield, 32, Suiland MD, M25 Weight Throw finals in 7.36m, competing in 60m, 200m, 400m, 60m hurdles

Scott Wallace, 44, New Market MD, M40 800 meter finals in 2:03.72, competing in 800m, 1 mile, 3000m

Scott Werber, 60, Olney MD, M60 Outdoor Pentathlon #2: Javelin Throw finals in 32.07m, competing in 60m hurdles, High Jump, Long Jump, Triple Jump, Shot Put, Weight Throw, Superweight Throw, Pentathlon

Tim Wigger, 76, Shawnee KS, M75 300 meter Hurdles finals in 1:01.60, competing in 400m, 800m

Mark Williams, 51, Columbia NJ, M50 400 meter prelims in 55.84, M50 800 meter finals in 2:04.14, M50 1500 meter finals in 4:29.15, competing in 400m, 800m, 1 mile

Russell Willitt, 56, Philadelphia PA, M55 Shot Put finals in 13.40m, competing in Shot Put

Evan Wykes, 66, St.Louis MO, M65 800 meter finals in 2:29.99, competing in 800m, 1 mile

William Yelverton, 63, Sewanee TN, M60 200 meter finals in 26.46, M60 200 meter prelims in 26.07, competing in 200m, 400m

Louisville 2023 indoor returning champions: 144

Walé Aka-Bashorun, 53, Huntersville NC, Indoor Pentathlon in 3464, 60 Meter Hurdles Indoor Pentathlon in 9.36, Long Jump Indoor Pentathlon in 5.18m, Shot Put Indoor Pentathlon in 11.04m, 1000 Meter Run Indoor Pentathlon in 3:20.59, competing in 60m hurdles, High Jump, Long Jump, Triple Jump, Shot Put, Pentathlon

Robert Arelló Jr., 65, Sarasota FL, Weight Throw in 18.03m, Super Weight in 10.21m, competing in Shot Put, Weight Throw, Superweight Throw

Robert Arledge, 90, Lebanon OH, Pole Vault in 1.50m, competing in Pole Vault

Cher Armstrong, 37, Riverhead NY, 1500 Meter Race Walk in 10:06.04, competing in 800m, 1 mile, 1 Mile Race Walk, 3000m Race Walk

Brenda Babits, 63, Fort Wayne IN, Pole Vault in 2.20mB, competing in Pole Vault

Marsha Baird, 50, Lehi UT, 60 Meter Hurdles in 9.65, Indoor Pentathlon in 3479, 60 Meter Hurdles Indoor Pentathlon in 9.75, Shot Put Indoor Pentathlon in 9.75m, Long Jump Indoor Pentathlon in 4.76m, 800 Meter Run Indoor Pentathlon in 2:59.04, competing in 60m hurdles, Long Jump, Pentathlon

Tracey Battle, 56, Silver Spring MD, Long Jump in 5.50m, Triple Jump in 8.67m, competing in 60m, Long Jump, Triple Jump

Krista Benson, 52, Newtown CT, Long Jump in 4.56m, competing in 60m, 200m, 60m hurdles, Long Jump

Kathy Bergen, 84, La Canada CA, 60 Meter Dash in 10.5, High Jump in 1.07m, competing in 60m, 200m, High Jump

Nancy Berger, 79, Hunt Valley MD, Pole Vault in 1.10m, competing in 200m, 400m, 800m, 1 mile, 60m hurdles, High Jump, Pole Vault, Pentathlon

Carroll Blake, 73, Boston MA, 200 Meter Dash in 28.42, 400 Meter Dash in 1:03.08, competing in 200m, 400m

Lee Bridges, 57, Homewood IL, 200 Meter Dash in 24.52, 200 Meter Dash in 24.01, 400 Meter Dash in 54.05, competing in 200m, 400m

India Bridgette, 62, Manvel TX, 200 Meter Dash in 31.94, 200 Meter Dash in 29.63, competing in 60m, 200m

Kenton Brown, 79, Austin TX, 60 Meter Dash in 8.81, 200 Meter Dash in 30.35, 200 Meter Dash in 29.92, competing in 60m, 200m

Robert Cahners, 81, Naples FL, Weight Throw in 15.92m, Super Weight in 9.20m, competing in Weight Throw, Superweight Throw

Jeffrey Campbell, 41, Fairmont WV, Shot Put Indoor Pentathlon in 7m 484, competing in Pentathlon

Inocencio Cantu, 90, San Marcos TX, 800 Meter Run in 4:18.84, competing in 800m, 1 mile

Kurt Carter, 46, Union NJ, Indoor Pentathlon in 3022, 60 Meter Hurdles Indoor Pentathlon in 65 735, Shot Put Indoor Pentathlon in 4m 586, High Jump Indoor Pentathlon in 4m 552, 1000 Meter Run Indoor Pentathlon in 66 616, competing in 400m, 60m hurdles, High Jump, Long Jump, Triple Jump, Shot Put, Pentathlon

Bob Cedrone, 69, Stoughton MA, Weight Throw in 15.16m, competing in Weight Throw, Superweight Throw

Louis Chisari, 55, Commack NY, Weight Throw in 18.27m, Super Weight in 8.70m, competing in Weight Throw, Superweight Throw

Chet Clodfelter, 60, Roachdale IN, Pole Vault in 3.95m, competing in 60m hurdles, Pole Vault, Triple Jump

Helen Croskell, 51, Houston TX, Pole Vault in 2.20mA, competing in Pole Vault

Dianne DeOliveira, 53, Brick NJ, 400 Meter Dash in 1:04.19, competing in 200m, 400m, 800m

Isabelle Dierauer, 51, Jamestown OH, Triple Jump in 8.57m, competing in 60m, Long Jump, Triple Jump

Christel Donley, 89, Colorado Springs CO, High Jump in 0.92m, competing in 60m, High Jump, Long Jump, Triple Jump, Shot Put



Sophia Downey, 36, Phila PA, 400 Meter Dash in 1:03.15, competing in 200m, 400m, 800m

Joel Dubow, 81, Tucker GA, 1500 Meter Race Walk in 10:07.28, 3000 Meter Race Walk in 20:54.31, competing in 1 Mile Race Walk, 3000m Race Walk, Shot Put

Durran Dunn, 42, Smyrna GA, 400 Meter Dash in 52.78, competing in 60m, 200m, 400m

Antoine Echols, 41, Huntsville AL, 60 Meter Dash in 6.99, 60 Meter Dash in 6.95, 200 Meter Dash in 22.59, 200 Meter Dash in 21.97, competing in 60m, 200m, 400m

Stan Edelson, 82, Sarasota FL, 1500 Meter Run in 7:58.91, 3000 Meter Run in 16:44.44, competing in 1 mile, 3000m

David Eisenberg, 74, Leawood KS, 1500 Meter Race Walk in 9:14.20, competing in 1 Mile Race Walk, 3000m Race Walk

Christina Elder, 36, Plattsmouth NE, 800 Meter Run in 2:18.14, 1500 Meter Run in 4:58.07, competing in 200m, 400m

Scott Eriksson, 62, Plano TX, Shot Put in 16.01m, competing in 60m, Shot Put, Weight Throw, Superweight Throw

Elizabeth Evans, 33, Terre Haute IN, High Jump in 1.75mB, competing in High Jump

Carol Finsrud, 67, Lockhart TX, Shot Put in 9.45m, Weight Throw in 13.82m, Super Weight in 9.53m, competing in Shot Put, Weight Throw, Superweight Throw

Amy Fix, 40, Oconomowoc WI, Triple Jump in 9.65m, competing in Long Jump, Triple Jump

Joy Flynn, 77, Quogue NY, 60 Meter Dash in 11.45, Long Jump in 2.59m, Triple Jump in 6.43m, High Jump in 1.04m, competing in 60m, High Jump, Long Jump, Triple Jump

Thomas Foley, 65, Plymouth MA, High Jump in 1.50m, competing in High Jump

Terry Foody, 76, Lexington KY, 1500 Meter Run in 9:30.09, 3000 Meter Run in 20:07.41, competing in 800m, 1 mile

Kathleen Frable, 78, Ivins UT, 400 Meter Dash in 2:05.65, 800 Meter Run in 4:39.99, 1500 Meter Race Walk in 11:03.36, 3000 Meter Race Walk in 23:03.01, competing in 200m, 400m, 800m, 1 mile, 3000m, 1 Mile Race Walk, 3000m Race Walk

Norman Frable, 78, Ivins UT, 1500 Meter Race Walk in 9:25.87, 3000 Meter Race Walk in 19:25.59, competing in 1 Mile Race Walk, 3000m Race Walk, High Jump

Sonja Friend-Uhl, 52, Boca Raton FL, 800 Meter Run in 2:30.56, 1500 Meter Run in 5:05.94, competing in 400m, 800m, 1 mile

Leandra Funk, 68, West Lafayette IN, 200 Meter Dash in 33.62, 400 Meter Dash in 1:16.36, competing in 60m, 200m, 400m

Hidi Gaff, 43, Fort Wayne IN, 1500 Meter Run in 5:12.97, competing in 1 mile, 3000m

Reggie Garner, 63, Arlington TX, 60 Meter Hurdles in 9.92, competing in 200m, 60m hurdles

Kay Glynn, 71, Walker MO, 60 Meter Dash in 10.22, 200 Meter Dash in 36.71, 60 Meter Hurdles in 12.09, Long Jump in 3.88m, Triple Jump in 8.34m, High Jump in 1.20m, Pole Vault in 2.60m, Indoor Pentathlon in 3632, 60 Meter Hurdles Indoor Pentathlon in 11.88, High Jump Indoor Pentathlon in 1.19m, Shot Put Indoor Pentathlon in 7.00m, Long Jump Indoor Pentathlon in 3.97m, competing in 60m, 200m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Pentathlon

Easter Grant, 40, Toney AL, 60 Meter Dash in 7.76, 200 Meter Dash in 25.57, 200 Meter Dash in 25.19, competing in 60m, 200m

Peter Haack, 49, La Crescent MN, 200 Meter Dash in 24.18, competing in 60m, 200m, 400m

Amy Haddad, 57, Bradenton FL, 60 Meter Hurdles in 10.6, High Jump in 1.40m, Indoor Pentathlon in 3063, 60 Meter Hurdles Indoor Pentathlon in 10.82, High Jump Indoor Pentathlon in 1.42m, Shot Put Indoor Pentathlon in 8.77m, Long Jump Indoor Pentathlon in 3.76m, 800 Meter Run Indoor Pentathlon in 4:03.98, competing in 60m, 60m hurdles, High Jump, Long Jump, Shot Put

Tyler Hall, 31, Booneville MS, Shot Put Indoor Pentathlon in 0m 337, competing in 400m, Shot Put, Weight Throw, Superweight Throw

Marie Hamay, 45, Jackson MI, Pole Vault in 1.80m, Shot Put Indoor Pentathlon in 8.72m, competing in 60m hurdles, High Jump, Pole Vault, Shot Put

Cassandra Harris, 46, Marietta GA, Triple Jump in 7.12m, competing in Long Jump, Triple Jump, Shot Put, Weight Throw, Pentathlon

William Harvey, 78, Goleta CA, Shot Put in 11.91m, competing in Shot Put

Anthony Heath, 53, Lizton IN, Pole Vault in 4.19m, competing in Pole Vault

Matthew Holtry, 45, Chapel Hill NC, 1500 Meter Race Walk in 9:35.57, 3000 Meter Race Walk in 20:44.85, competing in 1 Mile Race Walk, 3000m Race Walk

Carlton Huff Jr., 71, Spotswood NJ, Pole Vault in 2.90m, competing in Pole Vault

Ronald Humphrey, 65, Chesapeake VA, 200 Meter Dash in 26.72, 200 Meter Dash in 26.29, 60 Meter Hurdles Indoor Pentathlon in 9.91, 1000 Meter Run Indoor Pentathlon in 3:29.10, competing in 200m, 400m, 60m hurdles, Long Jump, Pentathlon

Penelope Ingles, 47, Arlington VA, Weight Throw in 8.48m, Super Weight in 4.96m, competing in Weight Throw, Superweight Throw

Mike Jackson, 48, Bloomington IN, 1500 Meter Run in 4:16.53, 3000 Meter Run in 9:00.41, competing in 1 mile

Ben James, 67, Honeoye Falls NY, 400 Meter Dash in 1:01.95, competing in 200m, 400m

Lorraine Jasper, 62, Birchrunville PA, 400 Meter Dash in 1:10.21, 800 Meter Run in 2:47.08, competing in 400m, 800m

George Joachim, 53, Fort Wayne IN, Long Jump in 5.48m, competing in 60m, 200m, 400m, Long Jump

Nathan Johnson, 33, Bellwood IL, 200 Meter Dash in 23.37, competing in 60m, 200m

Scott Johnson, 48, Culver IN, Pole Vault in 4.40m, competing in Pole Vault, Pentathlon

Joe Johnston, 80, Apopka FL, 60 Meter Hurdles in 13.4, competing in 60m hurdles, Pole Vault, Long Jump

Nathalie Jones, 49, New York city NY, 400 Meter Dash in 1:01.62, 800 Meter Run in 2:25.78, competing in 400m, 800m

Richard Jones, 41, Mountain View CA, Long Jump in 5.82m, competing in High Jump, Long Jump, Triple Jump

Mary Kinsman, 67, Arrington TN, Long Jump in 2.18m, competing in Long Jump

Lynn Larsen, 56, Riverside CA, Pole Vault in 2.45m, competing in 60m, Pole Vault

Michael Layton, 40, Watertown MA, High Jump in 1.55m, competing in 60m hurdles, High Jump, Long Jump, Pentathlon

Damien Leake, 71, Van Nuys CA, 60 Meter Dash in 8.18, 60 Meter Dash in 7.89, competing in 60m, Long Jump

Michael Lebold, 66, San Diego CA, 800 Meter Run in 2:29.55, competing in 400m, 800m, 1 mile, 3000m

Debbie Lee, 67, Trabuco Canyon CA, 1500 Meter Run in 6:30.44, 3000 Meter Run in 13:54.97, competing in 200m, 400m, 800m, 1 mile, 3000m, Long Jump, Triple Jump

Adriene Lewis, 62, Fishers IN, 60 Meter Hurdles in 11.32, competing in 60m hurdles

Oneithea Lewis, 63, Oakland Gardens NY, Shot Put in 10.15m, Weight Throw in 16.90m, Super Weight in 11.53m, competing in Shot Put, Weight Throw, Superweight Throw

Grace Liang, 37, West Lafayette IN, 60 Meter Hurdles in 13.21, competing in 60m, 200m, 60m hurdles, Long Jump

Susan Loyd, 66, Edina MN, 200 Meter Dash in 34.25, 800 Meter Run in 3:07.03, competing in 60m, 200m, 400m, 800m

April Lund, 41, Bismarck ND, 3000 Meter Run in 9:58.43, competing in 800m, 1 mile, 3000m

DaBeth Manns, 47, Washington DC, 1500 Meter Race Walk in 14:24.19, 3000 Meter Race Walk in 29:12.59, competing in 1 Mile Race Walk, 3000m Race Walk, Weight Throw, Superweight Throw

Marianne Martino, 73, Littleton CO, 1500 Meter Race Walk in 9:34.58, 3000 Meter Race Walk in 19:16.67, competing in 1 Mile Race Walk, 3000m Race Walk

John Maynard, 51, Blacklick OH, Shot Put in 14.56m, competing in Shot Put, Weight Throw, Superweight Throw

Pamela McCartney, 53, Morrison CO, High Jump in 1.55m, Indoor Pentathlon in 3516, 60 Meter Hurdles Indoor Pentathlon in 10.22, High Jump Indoor Pentathlon in 1.54m, Shot Put Indoor Pentathlon in 10.15m,

Long Jump Indoor Pentathlon in 4.35m, 800 Meter Run Indoor Pentathlon in 3:26.80, competing in Pentathlon

Richard McGee, 63, Houston TX, Pole Vault in 3.50m, competing in Pole Vault

Emmanuelle McGowan, 55, Sugar Hill GA, 60 Meter Dash in 8.28, 60 Meter Dash in 8.18, 200 Meter Dash in 28.57, 200 Meter Dash in 26.29, competing in 60m, 200m, 400m

Inga McIntyre, 43, Madison WI, 60 Meter Dash in 8.03, 60 Meter Dash in 8, competing in 60m, 200m

Florence Meiler, 89, Shelburne VT, 60 Meter Dash in 14.62, Long Jump in 1.69m, Triple Jump in 4.31m, Pole Vault in 1.30m, Weight Throw in 7.38m, Super Weight in 5.02m, Indoor Pentathlon in 1647, 60 Meter Hurdles Indoor Pentathlon in 24.67, High Jump Indoor Pentathlon in 0.89m, Shot Put Indoor Pentathlon in 5.14m, Long Jump Indoor Pentathlon in 1.68m, 800 Meter Run Indoor Pentathlon in 6:19.0, competing in 60m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Weight Throw, Pentathlon

Myrle Mensey, 75, Saint Louis MO, Weight Throw in 14.54m, Super Weight in 10.10m, competing in Shot Put, Weight Throw, Superweight Throw

Robert Mishev, 46, San Francisco CA, High Jump in 1.75m, competing in High Jump

Ken Moss, 76, Leesburg VA, Weight Throw in 18.68m, Super Weight in 9.92m, competing in Weight Throw, Superweight Throw

Eugene Myers, 71, Columbia MD, 3000 Meter Run in 12:37.63, competing in 800m, 1 mile, 3000m

Jamie Ness, 41, Winchester KY, Weight Throw in 12.56m, Super Weight in 9.19m, competing in Weight Throw, Superweight Throw

Alissa Noguez, 60, Simpsonville SC, Shot Put in 10.33m, Weight Throw in 11.22m, Super Weight in 7.60m, competing in Shot Put, Weight Throw, Superweight Throw

Charles Novak, 56, Cuyahoga Falls OH, 800 Meter Run in 2:06.71, 1500 Meter Run in 4:24.67, 3000 Meter Run in 9:45.88, competing in 800m, 1 mile

Antonio Palacios, 57, Bloomington IN, Long Jump in 5.78m, Triple Jump in 11.68m, competing in Long Jump, Triple Jump

Rondrick Parker, 40, Hardeeville SC, 60 Meter Dash in 7.04, 60 Meter Dash in 7.04, 200 Meter Dash in 22.52, competing in 60m, 200m

Robert Paulen, 87, Dewey Beach DE, High Jump in 1.07m, High Jump Indoor Pentathlon in 1.05m, 1000 Meter Run Indoor Pentathlon in 7:05.22, competing in 60m hurdles, High Jump, Triple Jump, Pentathlon

Hannah Phillips, 71, Alexandria VA, 400 Meter Dash in 1:30.65, competing in 60m, 200m, Long Jump, Triple Jump

Alan Poisner, 89, Overland Park KS, 1500 Meter Race Walk in 10:48.16, 3000 Meter Race Walk in 22:46.64, competing in 1 Mile Race Walk, 3000m Race Walk

Taylor Pralle, 27, Verona WI, Long Jump in 5.04m, competing in 60m, 200m, 400m

Derek Pye, 56, Carson CA, 60 Meter Dash in 7.37, competing in 60m, 60m hurdles

William Rhoad, 82, Raleigh NC, Indoor Pentathlon in 738, 60 Meter Hurdles Indoor Pentathlon in 28.66, Long Jump Indoor Pentathlon in 1.47m, Shot Put Indoor Pentathlon in 6.42m, 1000 Meter Run Indoor Pentathlon in 0.84m, competing in 400m, 60m hurdles, Shot Put, Weight Throw, Superweight Throw, Pentathlon

Garth Robinson, 53, St Louis MO, 60 Meter Dash in 7.28, 60 Meter Dash in 7.16, 200 Meter Dash in 23.34, competing in 60m, 200m

Mary Robinson, 81, Gahanna OH, Weight Throw in 8.03m, Super Weight in 5.68m, competing in 60m, 200m, 400m, Shot Put, Weight Throw, Superweight Throw

Erin Rock, 45, Lexington KY, 800 Meter Run in 2:34.84, competing in 800m, 1 mile

Michelle Rohl, 58, Mansfield PA, 800 Meter Run in 2:28.29, 1500 Meter Run in 4:55.47, 3000 Meter Run in 10:30.50, competing in 800m, 1 mile, 3000m Race Walk

Timothy Roland, 55, Clarkston MI, Triple Jump in 10.32m, competing in 200m, 400m, High Jump, Long Jump, Triple Jump

Reginald Sanders, 35, Sandy Springs GA, 800 Meter Run in 2:01.29, 1500 Meter Run in 4:12.12, competing in 400m, 800m, 1 mile

Breanna Sanner, 34, Hazel Crest IL, Long Jump in 5.31m, Triple Jump in 12.07m, competing in 200m, 60m hurdles, Long Jump, Triple Jump

James Sauers, 75, Dacula GA, High Jump in 1.40m, competing in High Jump

Avital Schurr, 82, Crestwood KY, 60 Meter Dash in 10.27, competing in 60m, 200m, Long Jump

Jim Scott, 66, Springfield IL, 1500 Meter Race Walk in 8:08.76, 3000 Meter Race Walk in 17:08.66, competing in 1 Mile Race Walk, 3000m Race Walk

Sam Sharp, 38, Alexandria VA, 800 Meter Run in 2:00.98, 1500 Meter Run in 4:14.57, competing in 800m, 1 mile

Francis Shen, 46, Minneapolis MN, 400 Meter Dash in 54.22, 60 Meter Hurdles in 9.33, competing in 400m, 60m hurdles

Perry Shoemaker, 52, Vienna VA, 3000 Meter Run in 10:07.36, competing in 1 mile, 3000m

Latesha Short, 43, Texarkana AR, Triple Jump in 8.77m, competing in Long Jump, Triple Jump

Colben Sime, 90, Redmond OR, 1500 Meter Run in 10:32.39, 3000 Meter Run in 21:32.75, competing in 60m, 200m, 400m, 800m, 1 mile, 3000m

Claudia Simpson, 70, Bethlehem PA, High Jump in 0.95m, competing in 60m, 200m, 60m hurdles, High Jump, Pole Vault, Pentathlon

Curtis Smith Jr., 42, Dumfries VA, Triple Jump in 12.56m, Indoor Pentathlon in 2555, 60 Meter Hurdles Indoor Pentathlon in 18 564, Long Jump Indoor Pentathlon in 2m 621, High Jump Indoor Pentathlon in 4m 488, competing in 200m, 60m hurdles, High Jump, Long Jump, Triple Jump

Mary Smith, 83, Colorado Springs CO, 200 Meter Dash in 39.02, 400 Meter Dash in 1:38.97, competing in 200m, 400m

Richard Soller, 97, North Bend OH, 60 Meter Dash in 21.14, 200 Meter Dash in 1:33.70, Long Jump in 1.30m, competing in 60m, 200m, Long Jump

Israel SotoDuprey, 54, Bronx NY, 1500 Meter Race Walk in 7:56.04, 3000 Meter Race Walk in 16:38.91, competing in 1 Mile Race Walk, 3000m Race Walk

Angela Staab, 81, Reidsville NC, 3000 Meter Run in 11:48.72, competing in 200m, 400m, 800m, 1 mile, 3000m, Shot Put, Weight Throw, Superweight Throw

Philip Stead, 42, Ann Arbor MI, 800 Meter Run in 1:58.95, competing in 800m

Ron Stevens, 70, Camarillo CA, Long Jump in 4.72m, competing in 60m, 200m, 400m, 60m hurdles, Long Jump

David Swarts, 58, Jackson MI, 1500 Meter Race Walk in 6:52.01, 3000 Meter Race Walk in 14:37.02, competing in 1 Mile Race Walk, 3000m Race Walk

Dave Talcott, 63, Greene NY, 1500 Meter Race Walk in 8:03.78, 3000 Meter Race Walk in 16:35.01, competing in 1 Mile Race Walk, 3000m Race Walk

Kristen Tarsala, 26, St Louis MO, Pole Vault in 3.10m, Indoor Pentathlon in 1865, 60 Meter Hurdles Indoor Pentathlon in 11.8, High Jump Indoor Pentathlon in 1.27m, Shot Put Indoor Pentathlon in 7.55m, Long Jump Indoor Pentathlon in 4.55m, 800 Meter Run Indoor Pentathlon in 3:11.77, competing in Pole Vault

Jan Tefft, 65, Scottsdale AZ, 60 Meter Hurdles Indoor Pentathlon in 17.98, High Jump Indoor Pentathlon in 1.01m, Shot Put Indoor Pentathlon in 4.54m, Long Jump Indoor Pentathlon in 2.55m, 800 Meter Run Indoor Pentathlon in 3:34.37, competing in 200m, 800m, 1 mile, High Jump, Triple Jump

Deb Torneden, 63, Manhattan KS, 1500 Meter Run in 5:35.48, competing in 800m, 1 mile

Jassiel Torres, 46, Kissimmee FL, 60 Meter Dash in 7.38, 60 Meter Dash in 7.36, 200 Meter Dash in 23.77, competing in 60m, 200m, 400m

Mary Trotto, 76, Kihei HI, Weight Throw in 8.79m, 60 Meter Hurdles Indoor Pentathlon in 24.5, Shot Put Indoor Pentathlon in 7.01m, 800 Meter Run Indoor Pentathlon in 5:24.3, competing in 60m, 200m, 400m, 1 mile, 3000m, High Jump, Pole Vault, Triple Jump, Shot Put, Weight Throw, Superweight Throw, Pentathlon

James Wade, 37, Smyrna GA, 60 Meter Hurdles in 8.81, Indoor Pentathlon in 2838, 60 Meter Hurdles Indoor Pentathlon in 81 2 7, Long Jump Indoor Pentathlon in 3m 552, Shot Put Indoor Pentathlon in 2m 527, High Jump Indoor Pentathlon in 1m 411, 1000 Meter Run Indoor Pentathlon in 13 560, competing in 60m, 200m, 60m hurdles, Long Jump, Shot Put

Teran Wakefield, 32, Suiland MD, 400 Meter Dash in 51.59, 60 Meter Hurdles in 8.43, competing in 60m, 200m, 400m, 60m hurdles

Scott Wallace, 44, New Market MD, 1500 Meter Run in 4:16.67, competing in 800m, 1 mile, 3000m

Elizabeth Wells, 46, Waynesville OH, 1500 Meter Run in 5:15.55, 3000 Meter Run in 11:17.93, competing in 3000m

Scott Werber, 60, Olney MD, Shot Put Indoor Pentathlon in 11.33m, competing in 60m hurdles, High Jump, Long Jump, Triple Jump, Shot Put, Weight Throw, Superweight Throw, Pentathlon

David Westenberg, 66, Wellesley MA, 1500 Meter Run in 4:59.87, 3000 Meter Run in 10:54.80, competing in 800m, 1 mile, 3000m

Yvette White, 46, Waldorf MD, 200 Meter Dash in 27.39, competing in 200m, 400m

Tim Wigger, 76, Shawnee KS, 800 Meter Run in 3:03.92, competing in 400m, 800m

Mark Williams, 51, Columbia NJ, 800 Meter Run in 2:06.28, 1500 Meter Run in 4:33.79, competing in 400m, 800m, 1 mile

Russell Willitt, 56, Philadelphia PA, Shot Put in 13.79m, competing in Shot Put

Shaun Wollenweber, 27, Chicago IL, Triple Jump in 14.05m, competing in Triple Jump

Christina Yarmul, 50, Greenwood Village CO, 60 Meter Dash in 8.38, competing in 60m, 200m

William Yelverton, 63, Sewanee TN, 400 Meter Dash in 59.84, competing in 200m, 400m

New York 2022 indoor returning champions: 95

Rick Allen, 67, Richfield MN, returning champion 2022 NYC Indoor M65 1000 Meter Run Indoor Pentathlon in 3:48.99, competing in High Jump, Long Jump, Pentathlon

Cher Armstrong, 37, Riverhead NY, returning champion 2022 NYC Indoor W35 1 Mile Race Walk in 10:41.68, W35 3000 Meter Race Walk in 21:27.58, competing in 800m, 1 mile, 1 Mile Race Walk, 3000m Race Walk

Ronald Atkins, 50, Tacoma WA, returning champion 2022 NYC Indoor M45 Long Jump in 5.33m, competing in 60m, Long Jump, Triple Jump

Brenda Babits, 63, Fort Wayne IN, returning champion 2022 NYC Indoor W60 Pole Vault in 2.20m, competing in Pole Vault

Paul Babits, 63, Fort Wayne IN, returning champion 2022 NYC Indoor M60 Pole Vault in 3.50m, competing in Pole Vault

Cheryl Bellaire, 65, Wayne PA, returning champion 2022 NYC Indoor W60 3000 Meter Run in 13:27.87, competing in 400m, 800m, 3000m

Krista Benson, 52, Newtown CT, returning champion 2022 NYC Indoor W50 Long Jump in 4.42m, competing in 60m, 200m, 60m hurdles, Long Jump

Ivan Black, 75, Blairstown NJ, returning champion 2022 NYC Indoor M70 1000 Meter Run Indoor Pentathlon in 4:52.43, M70 60 Meter Hurdles Indoor Pentathlon in 13.46, M70 High Jump Indoor Pentathlon in 1.25m, M70 Long Jump Indoor Pentathlon in 3.52m, M70 Shot Put Indoor Pentathlon in 6.95m, M70 Indoor Pentathlon in 2521, competing in 60m hurdles, High Jump, Long Jump, Triple Jump, Pentathlon

Christy Borders, 36, Eugene OR, returning champion 2022 NYC Indoor W30 60 Meter Hurdles in 9.80, W30 Long Jump in 4.68m, competing in 60m hurdles, Long Jump

Lee Bridges, 57, Homewood IL, returning champion 2022 NYC Indoor M50 400 Meter Dash in 54.32, competing in 200m, 400m

India Bridgette, 62, Manvel TX, returning champion 2022 NYC Indoor W60 60 Meter Dash in 8.78, W60 200 Meter Dash in 30.16, W60 200 Meter Dash in 29.88, competing in 60m, 200m

Kenton Brown, 79, Austin TX, returning champion 2022 NYC Indoor M75 60 Meter Dash in 8.85, M75 200 Meter Dash in 29.92, competing in 60m, 200m

Rasheta Butler, 35, Wilmington NJ, returning champion 2022 NYC Indoor W30 60 Meter Dash in 8.17, W30 200 Meter Dash in 26.81, competing in 60m

Josh Canner, 36, Hortonville WI, returning champion 2022 NYC Indoor M30 Shot Put in 8.55m, competing in 200m, Long Jump

Kurt Carter, 46, Union NJ, returning champion 2022 NYC Indoor M40 60 Meter Hurdles Indoor Pentathlon in 10.22, M40 Shot Put Indoor Pentathlon in 9.64m, M40 Indoor Pentathlon in 2568, competing in 400m, 60m hurdles, High Jump, Long Jump, Triple Jump, Shot Put, Pentathlon

Bob Cedrone, 69, Stoughton MA, returning champion 2022 NYC Indoor M65 Super Weight in 8.92m, competing in Weight Throw, Superweight Throw

Craig Chasse, 54, Reston VA, returning champion 2022 NYC Indoor M50 1 Mile Race Walk in 9:43.42, competing in 3000m, 1 Mile Race Walk, 3000m Race Walk

Andrea Collier, 57, Orlando FL, returning champion 2022 NYC Indoor W55 60 Meter Dash in 8.53, W55 200 Meter Dash in 28.53, W55 200 Meter Dash in 28.64, W55 60 Meter Hurdles in 9.90, competing in 60m, 200m, 60m hurdles, Pentathlon

Timothy Conheady, 67, Elmhurst IL, returning champion 2022 NYC Indoor M65 800 Meter Run in 2:35.08, M65 1 Mile Run in 5:47.03, M65 3000 Meter Run in 11:18.11, competing in 800m, 1 mile, 3000m, Shot Put

Alda Cossi, 68, Winchester MA, returning champion 2022 NYC Indoor W65 1 Mile Run in 7:12.66, competing in 800m, 1 mile

Maryanne Daniel, 65, Clinton CT, returning champion 2022 NYC Indoor W60 1 Mile Race Walk in 8:51.24, W60 3000 Meter Race Walk in 17:12.02, competing in 1 Mile Race Walk, 3000m Race Walk



Sid Davis, 89, Atlanta GA, returning champion 2022 NYC Indoor M85 Shot Put in 7.67m, M85 Weight Throw in 8.40m, competing in Shot Put, Weight Throw

Sophia Downey, 36, Phila PA, returning champion 2022 NYC Indoor W30 400 Meter Dash in 1:03.64, competing in 200m, 400m, 800m

Durran Dunn, 42, Smyrna GA, returning champion 2022 NYC Indoor M40 400 Meter Dash in 52.70, competing in 60m, 200m, 400m

Andrea Easterday, 42, Johns Island SC, returning champion 2022 NYC Indoor W40 1 Mile Race Walk in 11:24.16, W40 3000 Meter Race Walk in 22:32.65, competing in 60m, 1 Mile Race Walk, 3000m Race Walk

Antoine Echols, 41, Huntsville AL, returning champion 2022 NYC Indoor M35 60 Meter Dash in 6.95, competing in 60m, 200m, 400m

Scott Eriksson, 62, Plano TX, returning champion 2022 NYC Indoor M60 Shot Put in 16.39m, competing in 60m, Shot Put, Weight Throw, Superweight Throw

Hubert Evans, 70, Elk Grove CA, returning champion 2022 NYC Indoor M65 200 Meter Dash in 27.58, M65 200 Meter Dash in 27.46, competing in 60m, 200m

Zachary Ferrara, 32, West Henrietta NY, returning champion 2022 NYC Indoor M30 Pole Vault in 5.25m, competing in Pole Vault

Carol Finsrud, 67, Lockhart TX, returning champion 2022 NYC Indoor W65 Shot Put in 9.39m, W65 Super Weight in 9.28m, competing in Shot Put, Weight Throw, Superweight Throw

Daniel Flynn, 78, Quogue NY, returning champion 2022 NYC Indoor M75 Long Jump in 3.37m, competing in Long Jump, Triple Jump

Kathleen Fable, 78, Ivins UT, returning champion 2022 NYC Indoor W75 800 Meter Run in 4:44.50, W75 1 Mile Run in 10:30.02, W75 3000 Meter Run in 21:29.44, W75 1 Mile Race Walk in 11:59.94, W75 3000 Meter Race Walk in 24:23.88, competing in 200m, 400m, 800m, 1 mile, 3000m, 1 Mile Race Walk, 3000m Race Walk

Leandra Funk, 68, West Lafayette IN, returning champion 2022 NYC Indoor W65 60 Meter Dash in 10.03, W65 200 Meter Dash in 33.25, W65 400 Meter Dash in 1:17.63, competing in 60m, 200m, 400m

Reggie Garner, 63, Arlington TX, returning champion 2022 NYC Indoor M60 60 Meter Hurdles in 9.27, competing in 200m, 60m hurdles

John Gersh, 76, Columbia MD, returning champion 2022 NYC Indoor M70 1 Mile Race Walk in 11:09.82, M70 3000 Meter Race Walk in 23:19.99, competing in 1 Mile Race Walk, 3000m Race Walk

David Gibbon, 58, Cottonwood Heights UT, returning champion 2022 NYC Indoor M55 60 Meter Dash in 7.59, M55 60 Meter Dash in 7.62, M55 200 Meter Dash in 24.93, M55 200 Meter Dash in 24.92, competing in 60m, 200m

Tami Graf, 87, Lusby MD, returning champion 2022 NYC Indoor W85 200 Meter Dash in 1:19.83, W85 400 Meter Dash in 3:12.02, W85 800 Meter Run in 6:55.80, W85 1 Mile Run in 14:18.28, W85 3000 Meter Run in 26:41.90, W85 High Jump in 0.85m, competing in 800m, 1 mile, 3000m, 60m hurdles, Weight Throw, Superweight Throw

Easter Grant, 40, Toney AL, returning champion 2022 NYC Indoor W35 60 Meter Dash in 7.91, competing in 60m, 200m

Louise Guardino, 83, Cary NC, returning champion 2022 NYC Indoor W80 60 Meter Dash in 14.15, W80 200 Meter Dash in 50.73, W80 Weight Throw in 5.83m, W80 Super Weight in 3.65m, competing in 60m, 200m, Shot Put, Weight Throw, Superweight Throw

Rachel Guest, 48, Surprise AZ, returning champion 2022 NYC Indoor W45 60 Meter Hurdles in 9.33, W45 800 Meter Run Indoor Pentathlon in 2:50.99, W45 60 Meter Hurdles Indoor Pentathlon in 9.31, W45 High Jump Indoor Pentathlon in 1.50m, W45 Long Jump Indoor Pentathlon in 5.17m, W45 Shot Put Indoor Pentathlon in 8.99m, W45 Indoor Pentathlon in 4024, competing in 60m hurdles, Pentathlon

Marie Hamay, 45, Jackson MI, returning champion 2022 NYC Indoor W40 Pole Vault in 1.65m, competing in 60m hurdles, High Jump, Pole Vault, Shot Put

Brian Hankerson, 64, Coral Springs FL, returning champion 2022 NYC Indoor M60 High Jump in 1.65m, M60 Long Jump in 5.27m, M60 High Jump Indoor Pentathlon in 1.62m, M60 Long Jump Indoor Pentathlon in 5.12m, competing in 60m, 200m, High Jump, Long Jump, Triple Jump

Mary Hartzler, 74, Gahanna OH, returning champion 2022 NYC Indoor W70 Super Weight in 7.34m, competing in 60m, 200m, 400m, Shot Put, Weight Throw, Superweight Throw

Jennifer Harvey, 55, New York NY, returning champion 2022 NYC Indoor W50 800 Meter Run in 2:28.07, W50 1 Mile Run in 5:19.37, competing in 800m, 1 mile

William Harvey, 78, Goleta CA, returning champion 2022 NYC Indoor M75 Shot Put in 12.42m, competing in Shot Put

Lamar Hasbrouck, 58, Naperville IL, returning champion 2022 NYC Indoor M55 60 Meter Hurdles in 9.88, competing in 60m, 60m hurdles

Julie Hayden, 64, Lake Frederick VA, returning champion 2022 NYC Indoor W60 800 Meter Run in 2:47.95, W60 1 Mile Run in 6:16.25, competing in 400m, 800m

Matthew Holtry, 45, Chapel Hill NC, returning champion 2022 NYC Indoor M40 1 Mile Race Walk in 11:19.80, M40 3000 Meter Race Walk in 20:51.92, competing in 1 Mile Race Walk, 3000m Race Walk

Ronald Humphrey, 65, Chesapeake VA, returning champion 2022 NYC Indoor M60 1000 Meter Run Indoor Pentathlon in 3:26.84, M60 60 Meter Hurdles Indoor Pentathlon in 9.86, M60 Indoor Pentathlon in 3702, competing in 200m, 400m, 60m hurdles, Long Jump, Pentathlon

Gary Hunter, 68, Fort Wayne IN, returning champion 2022 NYC Indoor M65 Pole Vault in 3.35m, competing in Pole Vault

Michael Jackson, 51, Red Lion PA, returning champion 2022 NYC Indoor M45 60 Meter Hurdles in 10.43, competing in 60m hurdles

Ben James, 67, Honeoye Falls NY, returning champion 2022 NYC Indoor M65 400 Meter Dash in 1:02.71, competing in 200m, 400m

Joe Johnston, 80, Apopka FL, returning champion 2022 NYC Indoor M75 Pole Vault in 2.40m, competing in 60m hurdles, Pole Vault, Long Jump

Jelani Knight, 32, Wilmington DE, returning champion 2022 NYC Indoor M30 200 Meter Dash in 23.21, competing in 60m, 400m, 800m, 1 mile, 3000m

Damien Leake, 71, Van Nuys CA, returning champion 2022 NYC Indoor M65 60 Meter Dash in 8.06, M65 60 Meter Dash in 7.92, competing in 60m, Long Jump

Oneithea Lewis, 63, Oakland Gardens NY, returning champion 2022 NYC Indoor W60 Shot Put in 9.60m, W60 Weight Throw in 16.16m, W60 Super Weight in 10.52m, competing in Shot Put, Weight Throw, Superweight Throw

Grace Liang, 37, West Lafayette IN, returning champion 2022 NYC Indoor W35 Long Jump in 5.04m, competing in 60m, 200m, 60m hurdles, Long Jump

Lace Luedke, 48, Menasha WI, returning champion 2022 NYC Indoor W45 400 Meter Dash in 1:07.57, competing in 60m, 200m, 400m, Shot Put

DaBeth Manns, 47, Washington DC, returning champion 2022 NYC Indoor W45 3000 Meter Race Walk in 26:11.32, competing in 1 Mile Race Walk, 3000m Race Walk, Weight Throw, Superweight Throw

Roman Marenin, 40, Highlands Ranch CO, returning champion 2022 NYC Indoor M35 200 Meter Dash in 22.67, M35 400 Meter Dash in 49.77, M35 60 Meter Hurdles in 8.54, competing in 200m, 400m, 60m hurdles, Long Jump, Pentathlon

Maxwell Maritato, 28, Amherst MA, returning champion 2022 NYC Indoor M25 High Jump in 1.85m, competing in 60m, High Jump

Sue McDonald, 60, Santa Barbara CA, returning champion 2022 NYC Indoor W55 400 Meter Dash in 1:04.31, competing in 400m, 800m, 1 mile

Inga McIntyre, 43, Madison WI, returning champion 2022 NYC Indoor W40 60 Meter Dash in 8.07, W40 60 Meter Dash in 8.03, W40 200 Meter Dash in 27.13, competing in 60m, 200m

Dave McNair, 68, Springfield NE, returning champion 2022 NYC Indoor M65 60 Meter Hurdles in 10.04, competing in 60m, 200m, 60m hurdles

Florence Meiler, 89, Shelburne VT, returning champion 2022 NYC Indoor W85 60 Meter Hurdles in 18.73, W85 Long Jump in 2.22m, W85 Weight Throw in 7.48m, W85 Super Weight in 5.00m, W85 800 Meter Run Indoor Pentathlon in 6:14.93, W85 60 Meter Hurdles Indoor Pentathlon in 18.73, W85 High Jump Indoor Pentathlon in 0.92m, W85 Long Jump Indoor Pentathlon in 2.05m, W85 Shot Put Indoor Pentathlon in

5.47m, W85 Indoor Pentathlon in 3907, competing in 60m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Weight Throw, Pentathlon

Robert Mishev, 46, San Francisco CA, returning champion 2022 NYC Indoor M40 High Jump in 1.70m, competing in High Jump

Ken Moss, 76, Leesburg VA, returning champion 2022 NYC Indoor M70 Weight Throw in 18.50m, M70 Super Weight in 10.05m, competing in Weight Throw, Superweight Throw

Charles Novak, 56, Cuyahoga Falls OH, returning champion 2022 NYC Indoor M50 800 Meter Run in 2:04.57, competing in 800m, 1 mile

Amanda O'Connor, 39, Little Canada MN, returning champion 2022 NYC Indoor W35 200 Meter Dash in 26.14, W35 400 Meter Dash in 1:02.99, competing in 60m, 200m, 400m, Long Jump

Antonio Palacios, 57, Bloomington IN, returning champion 2022 NYC Indoor M55 Long Jump in 5.56m, competing in Long Jump, Triple Jump

Rondrick Parker, 40, Hardeeville SC, returning champion 2022 NYC Indoor M35 60 Meter Dash in 7.18, M35 200 Meter Dash in 22.43, competing in 60m, 200m

Robert Paulen, 87, Dewey Beach DE, returning champion 2022 NYC Indoor M85 60 Meter Hurdles in 14.33, M85 Long Jump in 2.52m, M85 1000 Meter Run Indoor Pentathlon in 7:09.16, M85 60 Meter Hurdles Indoor Pentathlon in 14.74, M85 High Jump Indoor Pentathlon in 1.04m, M85 Long Jump Indoor Pentathlon in 2.47m, M85 Shot Put Indoor Pentathlon in 6.66m, M85 Indoor Pentathlon in 2833, competing in 60m hurdles, High Jump, Triple Jump, Pentathlon

Hannah Phillips, 71, Alexandria VA, returning champion 2022 NYC Indoor W65 Long Jump in 2.92m, competing in 60m, 200m, Long Jump, Triple Jump

Taylor Pralle, 27, Verona WI, returning champion 2022 NYC Indoor W25 60 Meter Dash in 8.01, W25 200 Meter Dash in 26.26, W25 Long Jump in 4.96m, competing in 60m, 200m, 400m

Anthony Pugliese, 64, Audubon NJ, returning champion 2022 NYC Indoor M60 Shot Put Indoor Pentathlon in 10.80m, competing in 60m hurdles, High Jump, Pole Vault, Long Jump, Shot Put, Weight Throw, Pentathlon

Derek Pye, 56, Carson CA, returning champion 2022 NYC Indoor M50 60 Meter Hurdles in 8.50, competing in 60m, 60m hurdles

Catherine Radle, 80, Atlanta GA, returning champion 2022 NYC Indoor W75 Pole Vault in 1.60m, competing in Pole Vault, Shot Put, Weight Throw

William Reiter, 77, Kirkwood MO, returning champion 2022 NYC Indoor M75 400 Meter Dash in 1:19.07, competing in 800m

Mary Robinson, 81, Gahanna OH, returning champion 2022 NYC Indoor W75 200 Meter Dash in 47.27, W75 400 Meter Dash in 1:50.17, competing in 60m, 200m, 400m, Shot Put, Weight Throw, Superweight Throw

Michelle Rohl, 58, Mansfield PA, returning champion 2022 NYC Indoor W55 800 Meter Run in 2:26.85, W55 1 Mile Run in 5:29.34, W55 3000 Meter Run in 10:22.74, competing in 800m, 1 mile, 3000m Race Walk

Reginald Sanders, 35, Sandy Springs GA, returning champion 2022 NYC Indoor M30 400 Meter Dash in 53.89, competing in 400m, 800m, 1 mile

Susan Sarn, 53, Long Branch NJ, returning champion 2022 NYC Indoor W50 800 Meter Run Indoor Pentathlon in 3:19.29, W50 60 Meter Hurdles Indoor Pentathlon in 11.80, W50 Long Jump Indoor Pentathlon in 3.56m, W50 Indoor Pentathlon in 2365, competing in 60m hurdles, Long Jump, Pentathlon

Alison Schwalm, 46, Line Lexington PA, returning champion 2022 NYC Indoor W40 800 Meter Run in 2:24.93, competing in 800m, Long Jump, Pentathlon

Sascha Scott, 48, Syracuse NY, returning champion 2022 NYC Indoor W45 800 Meter Run in 2:18.45, W45 1 Mile Run in 4:59.19, competing in 400m, 800m, 1 mile

Claudia Simpson, 70, Bethlehem PA, returning champion 2022 NYC Indoor W65 60 Meter Hurdles in 14.37, W65 800 Meter Run Indoor Pentathlon in 4:15.13, W65 60 Meter Hurdles Indoor Pentathlon in 13.88, W65 High Jump Indoor Pentathlon in 1.07m, W65 Long Jump Indoor Pentathlon in 2.75m, W65 Shot Put Indoor Pentathlon in 6.09m, W65 Indoor Pentathlon in 2529, competing in 60m, 200m, 60m hurdles, High Jump, Pole Vault, Pentathlon

Richard Soller, 97, North Bend OH, returning champion 2022 NYC Indoor M95 60 Meter Dash in 20.55, M95 200 Meter Dash in 1:29.43, M95 Long Jump in 1.20m, competing in 60m, 200m, Long Jump

Philip Stead, 42, Ann Arbor MI, returning champion 2022 NYC Indoor M40 800 Meter Run in 1:59.48, M40 1 Mile Run in 4:21.64, competing in 800m

Coreen Steinbach, 72, Pompey NY, returning champion 2022 NYC Indoor W70 200 Meter Dash in 37.15, W70 400 Meter Dash in 1:23.53, competing in 200m, 400m, 800m, 1 mile

David Swarts, 58, Jackson MI, returning champion 2022 NYC Indoor M55 1 Mile Race Walk in 7:17.90, M55 3000 Meter Race Walk in 14:15.83, competing in 1 Mile Race Walk, 3000m Race Walk

Mary Trotto, 76, Kihei HI, returning champion 2022 NYC Indoor W70 Pole Vault in 0.80m, W70 800 Meter Run Indoor Pentathlon in 5:28.99, W70 High Jump Indoor Pentathlon in 0.86m, W70 Long Jump Indoor Pentathlon in 1.55m, W70 Shot Put Indoor Pentathlon in 5.74m, W70 Indoor Pentathlon in 1155, competing in 60m, 200m, 400m, 1 mile, 3000m, High Jump, Pole Vault, Triple Jump, Shot Put, Weight Throw, Superweight Throw, Pentathlon

Joy Upshaw, 63, Lafayette CA, returning champion 2022 NYC Indoor W60 60 Meter Hurdles in 10.41, W60 Long Jump in 3.94m, competing in 60m, 200m, 60m hurdles, Long Jump

James Wade, 37, Smyrna GA, returning champion 2022 NYC Indoor M35 Long Jump in 5.46m, competing in 60m, 200m, 60m hurdles, Long Jump, Shot Put

Laura Wiatt, 38, Boston MA, returning champion 2022 NYC Indoor W35 800 Meter Run in 2:30.10, competing in 800m, 1 mile

Mark Williams, 51, Columbia NJ, returning champion 2022 NYC Indoor M45 800 Meter Run in 2:03.71, competing in 400m, 800m, 1 mile

Alison Wood, 50, Aumsville OR, returning champion 2022 NYC Indoor W45 High Jump in 1.55m, competing in High Jump

International athletes:

Howard Lindsay, M60, Antigua and Barbuda, competing in Long Jump

Simon Gallagher, M50, Australia, competing in 60m, 200m

Michael Kyriakakis, M63, Australia, competing in Pentathlon

Dash Newington, W39, Australia, competing in 60m, 60m hurdles, 1 Mile Race Walk, 3000m Race Walk, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Weight Throw, Superweight Throw, Pentathlon

Maurício Da Cruz Gomes Sr., M55, Brazil, competing in 60m, High Jump, Long Jump, Triple Jump, Pentathlon

Carlos De Freitas, M53, Brazil, competing in 200m, 400m, 60m hurdles, Triple Jump, Pentathlon

Sandi Arnason, W51, Canada, competing in 200m, 60m hurdles, High Jump, Long Jump, Shot Put, Pentathlon

Steven Colbert, M59, Canada, competing in 60m, 200m

Donna Dixon, W61, Canada, competing in 400m, 800m, 1 mile

Josee Falcon, W56, Canada, competing in 60m, 200m

Daniel Fiorini, M61, Canada, competing in 1 mile

Lisa Frandsen, W61, Canada, competing in 1 mile, Triple Jump

Gilles Frenette, M47, Canada, competing in 1 mile, 3000m

Patrick Hessel, M72, Canada, competing in Shot Put, Weight Throw

Laura Hessel, W71, Canada, competing in Shot Put, Weight Throw

Benoit Hogue, M58, Canada, competing in 800m, 1 mile, 3000m

Chris Jarman, M50, Canada, competing in 60m, 200m, Long Jump

Jovette Jolicoeur, W64, Canada, competing in 200m, Long Jump, Shot Put, Pentathlon

Susanne Lauridsen, W66, Canada, competing in 200m, High Jump, Long Jump, Triple Jump, Pentathlon

Kairy Loucks, W57, Canada, competing in 60m hurdles, Long Jump, Triple Jump

Craig MacLean, M52, Canada, competing in 800m, 1 mile

Liz Maguire, W57, Canada, competing in 800m, 1 mile

Bruce Mintz, M77, Canada, competing in 60m, 200m, 400m

Clara Northcott, W69, Canada, competing in 400m, 800m, 1 mile, 3000m

Makie Ohler, W61, Canada, competing in 800m, 1 mile, 3000m

Michelle Pierce, W62, Canada, competing in 60m

Mark Pinckard, M63, Canada, competing in 800m, 1 mile

Simon Rayner, M60, Canada, competing in 800m, 1 mile, 3000m

Mark Schaber, M65, Canada, competing in Pole Vault

Kelly Silcox, W57, Canada, competing in 60m, 200m

Peter Zowkewych, M73, Canada, competing in Pentathlon

Marcela Barrientos, W59, Chile, competing in Shot Put

Evelyn Ortiz, W40, Chile, competing in 400m, 800m

Maria Jose Schonhaut Holmes, W49, Chile, competing in 400m, 800m, 1 mile, Pole Vault

Barbara Tapia, W48, Chile, competing in Pole Vault, Weight Throw

Soledad Tapia, W61, Chile, competing in Shot Put, Weight Throw, Superweight Throw

Alejandra Tapia, W55, Chile, competing in Weight Throw, Superweight Throw

Maria Angelica Tapia Nuñez, W57, Chile, competing in Weight Throw, Superweight Throw

Maria Guzman, W59, El Salvador, competing in 1 Mile Race Walk, 3000m Race Walk

Francisco Guzman Rodriguez Sr., M58, El Salvador, competing in 1 Mile Race Walk, 3000m Race Walk

Fernando Senso Castilla, M49, Spain, competing in Long Jump

Guy Dirkin, M71, Great Britain and Northern Ireland, competing in Shot Put, Weight Throw, Superweight Throw

David Maris, M41, Great Britain and Northern Ireland, competing in 60m

Espartaco Gaitan, M59, Guatemala, competing in Shot Put, Weight Throw, Superweight Throw

Phulel Singh VI, M57, India, competing in 60m hurdles

Gurdip Singh, M43, India, competing in High Jump, Shot Put

Maria Dunne Sr., W46, Ireland, competing in 800m

Gloria Beyer, W56, Italy, competing in 400m, 800m

Yoshio Mochizuki, M48, Japan, competing in 60m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Pentathlon

Akio Shimmi, M52, Japan, competing in 60m, 200m

Akihiko Sugiura, M42, Japan, competing in 200m, Pentathlon

Takeshi Yamazaki, M61, Japan, competing in 3000m

Romualdas Jakutis, M56, Lithuania, competing in High Jump

Cristian Escudero Malpica, M30, Mexico, competing in 60m, 200m

Janet Estrada, W43, Mexico, competing in 60m, 60m hurdles

Juan Diego Ortiz, M34, Mexico, competing in Weight Throw

Guillermo Ortiz Sr., M42, Mexico, competing in Shot Put, Weight Throw

Carla Ramirez Montesdeoca, W42, Mexico, competing in 60m, 200m

Nicolas Gamero, M62, Peru, competing in 800m

José Escalera, M56, Puerto Rico, competing in High Jump, Triple Jump

Elsa Peña, W57, Puerto Rico, competing in High Jump, Long Jump

Wilfredo Picorelli, M79, Puerto Rico, competing in 60m, 200m

Francisco Torres, M65, Puerto Rico, competing in Pole Vault, Shot Put

Hennadiy Husyev, M74, Ukraine, competing in Pole Vault

Nataliia Ivanova, W51, Ukraine, competing in Long Jump

Lisbeth Mijares, W46, Venezuela, competing in 60m hurdles, Long Jump, Shot Put

Gustavo Montalvo, M41, Venezuela, competing in Long Jump, Triple Jump

Miguel Ochoa Perez Sr., M52, Venezuela, competing in Long Jump, Triple Jump

Jose Saldeno, M46, Venezuela, competing in 400m

Jose Gregorio Yanes Quijada, M52, Venezuela, competing in 3000m

Notable athletes: 26

Colleen Barney, 57, Newport Beach CA, MTF Active Athlete Representative, competing in 60m, 200m

Cheryl Bellaire, 65, Wayne PA, USATF MTF Anti-Doping Subcommittee Chair, competing in 400m, 800m, 3000m



Lee Bridges, 57, Homewood IL, USATF MTF Masters Exhibition Events Subcommittee Chair, competing in 200m, 400m

Craig Chasse, 54, Reston VA, President, Potomac Valley Track Club, competing in 3000m, 1 Mile Race Walk, 3000m Race Walk

Mark Cleary, 65, Rancho Santa Margarita CA, President, SoCal Track Club, competing in Relay Only

Christel Donley, 89, Colorado Springs CO, Former USATF MTF Mid America Co-Regional Coordinator, competing in 60m, High Jump, Long Jump, Triple Jump, Shot Put

Durran Dunn, 42, Smyrna GA, "The Freeze" at Atlanta Braves baseball games, competing in 60m, 200m, 400m

Scott Eriksson, 62, Plano TX, Won gold in the shot put and discus at WMA Championships in Tampere Finland in 2022., competing in 60m, Shot Put, Weight Throw, Superweight Throw

Carol Finsrud, 67, Lockhart TX, One of the top Masters women throwers of all time. The Female Thrower of the Year Award is named the Carol Finsrud Award in her honor., competing in Shot Put, Weight Throw, Superweight Throw

Terry Foody, 76, Lexington KY, USATF KY Association Masters Chair, competing in 800m, 1 mile

Kay Glynn, 71, Walker MO, Has set several records this indoor season., competing in 60m, 200m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Pentathlon

Susan Hallen, 67, Elk Grove Village IL, USATF MTF Throwing Events Subcommittee Chair, competing in Shot Put, Weight Throw, Superweight Throw

William Harvey, 78, Goleta CA, WMA Thrower of the Year in 2017, competing in Shot Put

Jovette Jolicoeur, 64, Calgary AB, USATF Masters Webmaster; WMA Webmaster, competing in 200m, Long Jump, Shot Put, Pentathlon

Tina Klein, 58, Kennesaw GA, USATF MTF Southeast Region Coordinator, competing in 1 mile, 3000m

Kyle Lanier, 51, Lincoln University PA, President, TNT International Racing Club, competing in 3000m

Damien Leake, 71, Van Nuys CA, Hollywood actor who has appeared in Apocalypse Now and over 70 other films., competing in 60m, Long Jump

Oneithea Lewis, 63, Oakland Gardens NY, USATF Masters Athlete of the Year in 2008, competing in Shot Put, Weight Throw, Superweight Throw

April Lund, 41, Bismarck ND, Won the WMA W40 XC Championship in Australia in February and was part of the US silver medal team at that event as well., competing in 800m, 1 mile, 3000m

Florence Meiler, 89, Shelburne VT, USATF MTF Athlete of the Year 2022, competing in 60m, 60m hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Weight Throw, Pentathlon

Charles Novak, 56, Cuyahoga Falls OH, Broke M55 800m AR at the East Region Championships in Maryland in February, competing in 800m, 1 mile

James Pearce, 78, Columbia MD, USATF MTF Strategic Plan Implementation Manager, Potomac Valley Track Club Board Chair, competing in Shot Put, Weight Throw, Superweight Throw

Michelle Rohl, 58, Mansfield PA, Competed in three Olympics in racewalking; Has returned to competition as a runner in the past few years with enormous success., competing in 800m, 1 mile, 3000m Race Walk

Robert Thomas Jr., 57, Fishers IN, USATF MTF Vice Chair, competing in 60m, 200m, 400m

Mark Williams, 51, Columbia NJ, USATF MTF East Region Coordinator, competing in 400m, 800m, 1 mile

Thaddeus Wilson Sr., 73, Oxnard CA, Member USATF MTF Hall of Fame, competing in 200m, 60m hurdles

Won gold outdoors at Tampere FINLAND 2022: 23

Ronald Atkins, 50, Tacoma WA, Gold 4x400m Relay, Bronze 200m, competing in 60m, Long Jump, Triple Jump

Wendell Beck, 65, Mesa AZ, Gold Pole Vault, competing in Pole Vault

Lee Bridges, 57, Homewood IL, Gold 400m, Gold 4x100m Relay, Silver 200m, Silver 4x400m Relay, competing in 200m, 400m

Kenton Brown, 79, Austin TX, Gold 100m, Silver 200m, competing in 60m, 200m

Lisa Edwards, 45, Bronx NY, Gold 400m H, Silver 4x100m Relay, Silver 4x400m Relay, competing in 60m, 200m, 400m, 60m hurdles

Carol Finsrud, 67, Lockhart TX, Gold Hammer, Gold Discus, Silver Throws Pent, competing in Shot Put, Weight Throw, Superweight Throw

Kathleen Frable, 78, Ivins UT, Gold 10k Road RW Team, Silver 20k Road Race Walk, Bronze 5000m RW, Bronze XC Team, Bronze 10k Road RW, competing in 200m, 400m, 800m, 1 mile, 3000m, 1 Mile Race Walk, 3000m Race Walk

David Gibbon, 58, Cottonwood Heights UT, Gold 100m, Gold 200m, Gold 4x100m Relay, Silver 4x400m Relay, competing in 60m, 200m

Tami Graf, 87, Lusby MD, Gold Heptathlon, Gold 5000m, Gold 200m H, Gold HJ, Gold 80m H, Gold 4x100m Relay, Silver XC, Silver 2000m Steeplechase, Bronze XC Team, competing in 800m, 1 mile, 3000m, 60m hurdles, Weight Throw, Superweight Throw

Brian Hankerson, 64, Coral Springs FL, Gold LJ, Silver HJ, competing in 60m, 200m, High Jump, Long Jump, Triple Jump

Euleen Josiah-Tanner, 49, Atlanta GA, Gold XC Team, Bronze 2000m Steeplechase, Bronze Half Marathon Team, competing in 800m, 1 mile, 3000m

April Lund, 41, Bismarck ND, Gold XC, Gold XC Team, Gold Half Marathon, Gold Half Marathon Team, Bronze 5000m, competing in 800m, 1 mile, 3000m

Marianne Martino, 73, Littleton CO, Gold 10k Road RW Team, Bronze 5000m RW, Bronze 10k Road RW, competing in

Emmanuelle McGowan, 55, Sugar Hill GA, Gold 100m, Gold 200m, Gold 4x100m Relay, Silver 400m, Silver 4x400m Relay, competing in

Dave McNair, 68, Springfield NE, Gold 300m H, Gold 100m H, competing in

Antonio Palacios, 57, Bloomington IN, Gold TJ, competing in

Robert Qualls, 71, Reno NV, Gold XC, Silver XC Team, Silver 10k Road Race, Silver 4x400m Relay, Bronze 5000m, Bronze 1500m, competing in

Michelle Rohl, 58, Mansfield PA, Gold 5000m, Silver 800m, Silver 1500m, competing in

Jody Shepard, 38, Baton Rouge LA, Gold 400m H, competing in 60m, 200m, 60m hurdles

Angela Staab, 81, Reidsville NC, Gold 4x100m Relay, Gold 4x400m Relay, competing in 200m, 400m, 800m, 1 mile, 3000m, Shot Put, Weight Throw, Superweight Throw

Mary Trotto, 76, Kihei HI, Gold 4x100m Relay, Gold 4x400m Relay, Bronze 2000m Steeplechase, competing in 60m, 200m, 400m, 1 mile, 3000m, High Jump, Pole Vault, Triple Jump, Shot Put, Weight Throw, Superweight Throw, Pentathlon

Carol Wilkinson, 74, Longmont CO, Gold 10k Road RW Team, competing in 1 Mile Race Walk, 3000m Race Walk

Mark Williams, 51, Columbia NJ, Gold 4x400m Relay, competing in 400m, 800m, 1 mile

Won gold indoors at Toruń POLAND 2023: 12

Dolf Berle, 61, Dallas TX, Gold M60 Pole Vault, competing in High Jump, Pole Vault, Pentathlon

Robert Cahners, 81, Naples FL, Gold M80 Weight Throw, competing in Weight Throw, Superweight Throw

Joel Dubow, 81, Tucker GA, Silver M80 10k Road Race Walk, Gold M80 3000m Race Walk, competing in 1 Mile Race Walk, 3000m Race Walk, Shot Put

Antoine Echols, 41, Huntsville AL, Gold M40 200m, Gold M40 60m, competing in 60m, 200m, 400m

Scott Eriksson, 62, Plano TX, Gold M60 Discus Throw, Gold M60 Discus Throw, competing in 60m, Shot Put, Weight Throw, Superweight Throw

Carol Finsrud, 67, Lockhart TX, Silver W65 Discus Throw, Silver W65 Shot Put, Gold W65 Discus, competing in Shot Put, Weight Throw, Superweight Throw

April Lund, 41, Bismarck ND, Silver W40 10k Road Race, Gold W40 XC, Silver W40 3000m, competing in 800m, 1 mile, 3000m

Antonio Palacios, 57, Bloomington IN, Silver M55 Triple Jump, Gold M55 Long Jump, competing in Long Jump, Triple Jump

Spencer Parrish, 87, Waterbury CT, Gold M85 10k Road Race Walk, Gold M85 3000m Race Walk, competing in 60m, 200m, 400m, 1 Mile Race Walk, 3000m Race Walk

Robert Qualls, 71, Reno NV, Gold M70 10k Road Race, Silver M70 XC, Bronze M70 3000m, competing in 800m, 1 mile, 3000m

Michelle Rohl, 58, Mansfield PA, Silver W55 800m, Gold W55 3000m, competing in 800m, 1 mile, 3000m Race Walk

Alison Wood, 50, Aumsville OR, Gold W45 High Jump, competing in High Jump

World champions gold medal winners EITHER indoor (2023) OR outdoor (2022): 30

Ronald Atkins, 50, Tacoma WA, INDOOR Gold 4x400m Relay, Bronze 200m, competing in 60m, Long Jump, Triple Jump

Wendell Beck, 65, Mesa AZ, INDOOR Gold Pole Vault, competing in Pole Vault

Dolf Berle, 61, Dallas TX, OUTDOOR Gold M60 Pole Vault, competing in High Jump, Pole Vault, Pentathlon

Lee Bridges, 57, Homewood IL, INDOOR Gold 400m, Gold 4x100m Relay, Silver 200m, Silver 4x400m Relay, competing in 200m, 400m

Kenton Brown, 79, Austin TX, INDOOR Gold 100m, Silver 200m, competing in 60m, 200m

Robert Cahners, 81, Naples FL, INDOOR Silver Hammer, Silver Weight and OUTDOOR Gold M80 Weight Throw, competing in Weight Throw, Superweight Throw

Joel Dubow, 81, Tucker GA, OUTDOOR Silver M80 10k Road Race Walk, Gold M80 3000m Race Walk, competing in 1 Mile Race Walk, 3000m Race Walk, Shot Put

Antoine Echols, 41, Huntsville AL, OUTDOOR Gold M40 200m, Gold M40 60m, competing in 60m, 200m, 400m

Lisa Edwards, 45, Bronx NY, INDOOR Gold 400m H, Silver 4x100m Relay, Silver 4x400m Relay, competing in 60m, 200m, 400m, 60m hurdles

Scott Eriksson, 62, Plano TX, OUTDOOR Gold M60 Discus Throw, Gold M60 Discus Throw, competing in 60m, Shot Put, Weight Throw, Superweight Throw

Carol Finsrud, 67, Lockhart TX, INDOOR Gold Hammer, Gold Discus, Silver Throws Pent and OUTDOOR Silver W65 Discus Throw, Silver W65 Shot Put, Gold W65 Discus, competing in Shot Put, Weight Throw, Superweight Throw

Kathleen Frable, 78, Ivins UT, INDOOR Gold 10k Road RW Team, Silver 20k Road Race Walk, Bronze 5000m RW, Bronze XC Team, Bronze 10k Road RW, competing in 200m, 400m, 800m, 1 mile, 3000m, 1 Mile Race Walk, 3000m Race Walk

David Gibbon, 58, Cottonwood Heights UT, INDOOR Gold 100m, Gold 200m, Gold 4x100m Relay, Silver 4x400m Relay and OUTDOOR Bronze M55 200m, Bronze M55 60m, competing in 60m, 200m

Tami Graf, 87, Lusby MD, INDOOR Gold Heptathlon, Gold 5000m, Gold 200m H, Gold HJ, Gold 80m H, Gold 4x100m Relay, Silver XC, Silver 2000m Steeplechase, Bronze XC Team, competing in 800m, 1 mile, 3000m, 60m hurdles, Weight Throw, Superweight Throw

Brian Hankerson, 64, Coral Springs FL, INDOOR Gold LJ, Silver HJ and OUTDOOR Silver M60 Triple Jump, Silver M60 Long Jump, competing in 60m, 200m, High Jump, Long Jump, Triple Jump

Euleen Josiah-Tanner, 49, Atlanta GA, INDOOR Gold XC Team, Bronze 2000m Steeplechase, Bronze Half Marathon Team, competing in 800m, 1 mile, 3000m

April Lund, 41, Bismarck ND, INDOOR Gold XC, Gold XC Team, Gold Half Marathon, Gold Half Marathon Team, Bronze 5000m and OUTDOOR Silver W40 10k Road Race, Gold W40 XC, Silver W40 3000m, competing in 800m, 1 mile, 3000m

Marianne Martino, 73, Littleton CO, INDOOR Gold 10k Road RW Team, Bronze 5000m RW, Bronze 10k Road RW, competing in 1 Mile Race Walk, 3000m Race Walk

Emmanuelle McGowan, 55, Sugar Hill GA, INDOOR Gold 100m, Gold 200m, Gold 4x100m Relay, Silver 400m, Silver 4x400m Relay, competing in 60m, 200m, 400m

Dave McNair, 68, Springfield NE, INDOOR Gold 300m H, Gold 100m H, competing in 60m, 200m, 60m hurdles

Antonio Palacios, 57, Bloomington IN, INDOOR Gold TJ and OUTDOOR Silver M55 Triple Jump, Gold M55 Long Jump, competing in Long Jump, Triple Jump

Spencer Parrish, 87, Waterbury CT, OUTDOOR Gold M85 10k Road Race Walk, Gold M85 3000m Race Walk, competing in 60m, 200m, 400m, 1 Mile Race Walk, 3000m Race Walk

Robert Qualls, 71, Reno NV, INDOOR Gold XC, Silver XC Team, Silver 10k Road Race, Silver 4x400m Relay, Bronze 5000m, Bronze 1500m and OUTDOOR Gold M70 10k Road Race, Silver M70 XC, Bronze M70 3000m, competing in 800m, 1 mile, 3000m

Michelle Rohl, 58, Mansfield PA, INDOOR Gold 5000m, Silver 800m, Silver 1500m and OUTDOOR Silver W55 800m, Gold W55 3000m, competing in 800m, 1 mile, 3000m Race Walk

Jody Shepard, 38, Baton Rouge LA, INDOOR Gold 400m H, competing in 60m, 200m, 60m hurdles

Angela Staab, 81, Reidsville NC, INDOOR Gold 4x100m Relay, Gold 4x400m Relay and OUTDOOR Bronze W80 3000m, competing in 200m, 400m, 800m, 1 mile, 3000m, Shot Put, Weight Throw, Superweight Throw

Mary Trotto, 76, Kihei HI, INDOOR Gold 4x100m Relay, Gold 4x400m Relay, Bronze 2000m Steeplechase, competing in 60m, 200m, 400m, 1 mile, 3000m, High Jump, Pole Vault, Triple Jump, Shot Put, Weight Throw, Superweight Throw, Pentathlon

Carol Wilkinson, 74, Longmont CO, INDOOR Gold 10k Road RW Team, competing in 1 Mile Race Walk, 3000m Race Walk

Mark Williams, 51, Columbia NJ, INDOOR Gold 4x400m Relay and OUTDOOR Bronze M50 800m, competing in 400m, 800m, 1 mile

Alison Wood, 50, Aumsville OR, OUTDOOR Gold W45 High Jump, competing in High Jump

World champions BOTH indoor (2023) AND outdoor (2022): 16

Robert Cahners, 81, Naples FL, INDOOR Silver Hammer, Silver Weight and OUTDOOR Gold M80 Weight Throw, competing in Weight Throw, Superweight Throw

Maryanne Daniel, 65, Clinton CT, INDOOR Bronze 5000m RW and OUTDOOR Silver WS60 – 10k Road Race Walk, Silver W60 3000m Race Walk, competing in 1 Mile Race Walk, 3000m Race Walk

Carol Finsrud, 67, Lockhart TX, INDOOR Gold Hammer, Gold Discus, Silver Throws Pent and OUTDOOR Silver W65 Discus Throw, Silver W65 Shot Put, Gold W65 Discus, competing in Shot Put, Weight Throw, Superweight Throw

Norman Frable, 78, Ivins UT, INDOOR Silver 5000m RW, Silver 20k Road Race Walk, Bronze 10k Road RW and OUTDOOR Bronze M75 10k Road Race Walk, Bronze M75 3000m Race Walk, competing in 1 Mile Race Walk, 3000m Race Walk, High Jump

Reggie Garner, 63, Arlington TX, INDOOR Bronze 100m H and OUTDOOR Silver M60 60m Hurdles, competing in 200m, 60m hurdles

David Gibbon, 58, Cottonwood Heights UT, INDOOR Gold 100m, Gold 200m, Gold 4x100m Relay, Silver 4x400m Relay and OUTDOOR Bronze M55 200m, Bronze M55 60m, competing in 60m, 200m

Easter Grant, 40, Toney AL, INDOOR Bronze 100m and OUTDOOR Silver W35 60m, competing in 60m, 200m

Rachel Guest, 48, Surprise AZ, INDOOR Silver Heptathlon and OUTDOOR Silver W45 Pentathlon, Bronze W45 High Jump, competing in 60m hurdles, Pentathlon

Brian Hankerson, 64, Coral Springs FL, INDOOR Gold LJ, Silver HJ and OUTDOOR Silver M60 Triple Jump, Silver M60 Long Jump, competing in 60m, 200m, High Jump, Long Jump, Triple Jump

April Lund, 41, Bismarck ND, INDOOR Gold XC, Gold XC Team, Gold Half Marathon, Gold Half Marathon Team, Bronze 5000m and OUTDOOR Silver W40 10k Road Race, Gold W40 XC, Silver W40 3000m, competing in 800m, 1 mile, 3000m

Antonio Palacios, 57, Bloomington IN, INDOOR Gold TJ and OUTDOOR Silver M55 Triple Jump, Gold M55 Long Jump, competing in Long Jump, Triple Jump

Rondrick Parker, 40, Hardeeville SC, INDOOR Silver 100m, Silver 200m and OUTDOOR Silver M35 60m, competing in 60m, 200m

Robert Qualls, 71, Reno NV, INDOOR Gold XC, Silver XC Team, Silver 10k Road Race, Silver 4x400m Relay, Bronze 5000m, Bronze 1500m and OUTDOOR Gold M70 10k Road Race, Silver M70 XC, Bronze M70 3000m, competing in 800m, 1 mile, 3000m

Michelle Rohl, 58, Mansfield PA, INDOOR Gold 5000m, Silver 800m, Silver 1500m and OUTDOOR Silver W55 800m, Gold W55 3000m, competing in 800m, 1 mile, 3000m Race Walk

Angela Staab, 81, Reidsville NC, INDOOR Gold 4x100m Relay, Gold 4x400m Relay and OUTDOOR Bronze W80 3000m, competing in 200m, 400m, 800m, 1 mile, 3000m, Shot Put, Weight Throw, Superweight Throw

Mark Williams, 51, Columbia NJ, INDOOR Gold 4x400m Relay and OUTDOOR Bronze M50 800m, competing in 400m, 800m, 1 mile